

# Salem Parks & Recreation

## 3<sup>rd</sup> /4<sup>th</sup> grade

### Team League Basketball

Flash	Ryan McQuire	801-471-6329
South County Griffins	Jim Spencer	847-477-4956
Swish	Aaron Cloward	801-372-9190
Tar Heels	Eric Dyches	801-592-5028
Warriors	Justin Nelson	801-787-4728

#### Tuesday, November 2<sup>nd</sup> Practice night

Mt. Loafer Elm	West Side	East Side
5:30	Warriors	Flash
6:30		Swish
7:30	SC Griffins	Tar Heels

#### Thursday, November 4<sup>th</sup>

Mt. Loafer Elm	West Side	East Side
5:00	Warriors	SC Griffins
6:30	Flash	Swish
7:30	Flash	Tar Heels

#### Tuesday, November 9<sup>th</sup> Practice night

Mt. Loafer Elm	West Side	East Side
5:30		Flash
6:30	Warriors	Swish
7:30	SC Griffins	Tar Heels

#### Thursday, November 11<sup>th</sup>

Mt. Loafer Elm	West Side	East Side
5:30	Warriors	Flash
6:30	SC Griffins	Tar Heels
7:30	SC Griffins	Swish

#### Tuesday, November 16<sup>th</sup> – *Team Picture night*

Mt. Loafer Elm	West Side	East Side
5:30	Swish	Tar Heels
6:30	Warriors	Flash
7:30	SC Griffins	Flash

#### Thursday, November 18<sup>th</sup>

Mt. Loafer Elm	West Side	East Side
5:30	SC Griffins	Flash
6:30	Swish	Warriors
7:30	Tar Heels	Warriors

**Tuesday, November 23rd**

Mt. Loafer Elm	West Side	East Side
5:30	Tar Heels	Flash
6:30	Swish	SC Griffins
7:30	Swish	Warriors

**Tuesday, November 30th**

Mt. Loafer Elm	West Side	East Side
5:30	SC Griffins	Warriors
6:30	Tar Heels	Swish
7:30	Flash	Swish

**Thursday, December 2<sup>nd</sup>**

Mt. Loafer Elm	West Side	East Side
6:00	Tar Heels	SC Griffins
7:00	Tar Heels	Warriors

1. Games will be played full court. (East to West)
2. Baskets will be set at 10 feet.
3. Four 8 minute quarters
4. Three time outs per half. One of which is a 30 second time out.
5. Defense must play man to man.
6. Double teams will be allowed with a two second limit. Double team must be result of a dribble by or rebound. Picks and switches are allowed on screens and fast breaks. **1<sup>st</sup> infraction will be a team warning, one warning per half. 2<sup>nd</sup> infraction will be a 1 shot technical and the ball.**
7. League focus is development. Please keep that in mind while managing the game. Crazy out of control parents are the responsibility of the coach. Please help them understand our focus.
8. Game clock will stop on shooting fouls. Clock will not stop if the lead is more than 20 points.
9. Player fouls will be tracked. Player will foul out with 5 fouls. 1and 1 bonus on 7<sup>th</sup> foul. Double bonus on 10<sup>th</sup> foul.
10. Full court press last 4 minutes of each half. Pressing team can press as long as their lead is 10 points or less. 11 point lead will limit that team from pressing.
11. A 28.5 size basketball will be used in this league.