Salem / Spanish Fork Little League Wrestling

K-2nd Grade schedule

Salem Cyclones	Chuck Harmon	(801)423-4158	
Salem Wolverines	Brandon Limb	(801)423-1410	
SF Team 1	Eric Watkins	(801)798-6928	
SF Team 2	Jesse Davis	(801)615-9290	
SF Team 3	Tim Turner (801)798-8498		
SF Team 4	Chris Thomas (801)794-0406		
SF Team 5	Alvaro Ramirez (435)421-1520		
SF Team 6	Jesse Farrer	(801)798-5352	

Rules:

Each Tri/Dual meet wrestlers will wrestle 2 to 4 matches per wrestling date.

Each wrestling bout will consist of three one minute periods.

If a match results in a pin during the first round, the wrestlers will be restarted. If a pin occurs in the 2nd or 3rd round the bout will be considered complete.

Wrestle will not be allowed to wrestle bare foot.

Wrestlers may wrestle with socks, however shoes are suggested.

Schedule:

Schedule		
Thursday, November 11 th	6:00 p.m.	Salem Cyclones & Salem Wolverines @ Provo HS
-	6:00 p.m.	SF1, SF4, SF5 @ SF
	7:30 p.m.	SF3, SF2, SF6 @ SF
Tuesday, November 16 th	6:00 p.m.	Provo, SF2 & SF6 (SF8) @ Salem Cyclones & Wolverines
Thursday, November 18 th	6:00 p.m.	Provo @ SF5 & SF1 (SF7 & SF9)
Tuesday, November 23 rd	6:00 p.m.	SF3 & SF4 @ Provo HS
Thursday, November 25	Off	Thanksgiving
Tuesday, November 30 th	6:00 p.m.	SF1 & SF3 @ Salem Cyclones
	6:00 p.m.	Salem Wolverines @ SF2 & SF5
	7:30 p.m.	SF4 @ SF6
Tuesday, December 7 th	6:00 p.m	SF6 & SF1 @ Salem Wolverines
-	6:00 p.m.	Salem Cyclones @ SF2 & SF4
	7:30 p.m.	SF3 @ SF5
Tuesday, December 14 th	6:00 p.m.	SF3 & SF4 @ Salem Wolverines
	6:00 p.m.	Salem Cyclones @ SF5 & SF6
	7:30 p.m.	SF1 @ SF2

Match Locations: Salem = Salem Hills High School 150 North Skyhawk Blvd. Spanish Fork = Spanish Fork High School 99 North 300 West Provo = Provo High School 1000 East University Ave.

Tournaments:

Saturday, November 13 @ Wasatch

Saturday, November 20th @ Mapleton – Caleb Williams Memorial

Saturday, December 11th @ Spanish Fork – Nebo Tournament

More information on tournaments can be found on line at www.rockymountainwrestling.com