5th & 6th Grade Girls – Youth Basketball

Team	Coach	Phone
Shock	Clayton Ross	787-4552
Storm	Travis Tasker	423-8626
Comets	Moy Chambers	4237864
Galaxy	Jon Turnbow	423-2090
Mercury	Brad Shuler	465-1447

All games played at Salem Hills High School – West Court
Home team is listed first. Home team will wear white reversible side.
Team picture day - Saturday, January 21st @ Salem Hills High School, 1hr prior to game time.

Saturday, January 7th 10:00a West Mercury vs. Comets 11:00a East Shock vs. Galaxy 12:00n East Storm vs. Comets	**Saturday, February 4** 11:00a East Galaxy vs. Storm 12:00n East Mercury vs. Shock
Saturday, January 14th 10:00a West Storm vs. Mercury 11:00a East Comets vs. Shock 12:00n East Galaxy vs. Mercury	**Saturday, February 11** 11:00a East Shock vs. Galaxy 12:00n East Storm vs. Comets
Saturday, January 21st *Team Pictures* 10:00a West Galaxy vs. Storm 11:00a East Mercury vs. Comets 12:00n East Shock vs. Storm	**Saturday, February 18** 11:00a East Comets vs. Shock 12:00n East Galaxy vs. Mercury
Saturday, January 28th 10:00a West Shock vs. Galaxy 11:00a East Storm vs. Mercury 12:00n East Comets vs. Galaxy	**Saturday, February 25** 11:00a Mercury vs. Comets 12:00n Shock vs. Storm

Games will be played on a 10 foot basket. A 28.5 sized ball will be used in this league.

1. No full court pressing
2. Must play man to man defense, no zone. Switching is allowed.
3. Score and fouls will be kept in this league. Game time will be four 8 minute quarters.
4. The players during the game will not wear colored wristbands in order to help remind the girls who they should be guarding. At the beginning of each quarter, coaches should try to defensively match- up boys and girls of similar ability.
5. No double-teaming allowed
6. Each player must play two complete quarters. No player may play the entire game. Substitutions will be allowed in case of an injury only. Coaches are not only expected to balance playing time but also to involve all players in the offense; every player should get a chance to dribble and shoot in every game. Your goal should be for every player to score a basket during the season. This should be your measure of success, not your win - loss record.