

# Nebo Football Conference - 6<sup>th</sup> Grade 2010 Schedule

Springville Johnson Tire – Warner Murphy – 592-0499
Salem Skyhawks Blue – Troy Kunz – 423-9149
Salem Skyhawks Navy – Dave Griffiths – 660-7918
Spanish Fork Packers – Brian Stauffer – 798-6089
Spanish Fork Bears – Ryan Barber – 362-6154
Spanish Fork Cowboys – Joe Kelly – 798-6146
Payson Pay Vikings – Chad Knapp – 465-0644
Payson Pay Seahawks – Kevin Adams – 465-0984
Mapleton Prodigy Promos – Jeff Durrant – 616-2842

## League Rules

## High School Football rules will govern.

**Game Time:** 4 - 12 minute quarters. Clock will run straight through, stopping the last two minutes in quarters two and four for penalties [out of bounds, incomplete pass, change of possession]. After the ball is set, the offense has 30 seconds to get a play started. Three time-outs per half. 5 min.half-time.

- ◆ **Overtime:** 4 plays from ten yards out. Both teams will have even series. 2<sup>nd</sup> overtime teams must kick extra point. All OT's after will be field goal try from 10 yard line until a team wins.
- ◆ **Mouth guards** are mandatory. If a player is without his mouth guard, the play in dead, a five yard penalty will be awarded [replay the down] & the player will sit out one play.
- ◆ **JV Games:** 2 JV games will be played during the season. Games will not count against regular season standings. JV rosters will be limited to 16 players unless more are approved by the league board. Games will consist of 4 eight minute quarters. The clock will stop only on time-outs and last 2 minutes of the game. Varsity players on the JV roster may not play their Varsity positions. Teams top players should not be included on the JV roster. 1 coach may be on the field for all JV games. Coaches purpose on the field is to speed up time in between plays.

**Weight:** Players 105/125/145 pounds and under are eligible to carry the football. Players over LISTED pounds may not be used as BLOCKING BACKS, RUNNING BACKS or RECEIVERS. QUARTERBACKS may exceed the weight limit, but may not cross the line of scrimmage with the ball and are subject to the "in the grasp" rule in the backfield. If a person over WEIGHT LIMIT intercepts a pass or recovers a fumble, he can advance it. No orchestrated plays! There is no weight limit on DEFENSIVE POSITIONS. Players not eligible to carry the ball will have helmets marked with a black "X". Any player or coach that removes the "X" from a helmet will be disqualified for the remainder of the season.

**XMAN may:** play QB (cannot advance the ball), punt (cannot advance the ball), return fumbles or interceptions and play any defensive position.

**XMAN may not:** return punts of kickoffs (ball is dead at spot where they control ball), line up or play any position in the offensive backfield or catch a pass as a Tight End( can play TE if lined up on the line of scrimmage and not split out, if they go down field on a pass its ineligible receiver downfield).

**Playing Time:** Each player must play at least 10 plays per game. It is the coaches responsibility to make sure this happens. Kickoff, Punt and PAT's will be counted as a play. Players may be disciplined for not attending practice, but this should not serve as a way for coaches to skirt around the rule. It is the belief of the league that a good coach will find a way to help players improve and not be a liability to the team.

**Blitzing:** 6<sup>TH</sup> GRADE - 11 can blitz, only 5 coming from within the tackles, must be lined up as down lineman in a 3/4 point stance. 7<sup>TH</sup> GRADE - 11 can blitz, only 5 coming from within the tackles, must be lined up as down lineman in a 3/4 point stance. 8<sup>th</sup> GRADE - High School rules, no restrictions.

**Conduct:** Any punch will be a 15 yard penalty and the player must be removed from the game for the series and possible ejection at the discretion of the official. If a player or coach is ejected they will be suspended for the next football game.

**Scoring:** A team more than 20 points behind may opt to receive the kick-off after a touchdown by either team. This helps to control a game that may be turning into a severe blowout. A on-sides kick would be poor sportsmanship in this case. You may show your colors!

- ◆ Extra points will be obtained by kicking for 2 points or running for 1 point. Blitzing rule in effect.
- ◆ In kicking Field Goals & PAT's, 6<sup>th</sup> grade only: **No defensive rush and No fake kicks.** Snap must be clean and kick away with in 5 seconds. In 7<sup>th</sup>, the defense may rush five from anywhere, fakes are allowed. The ball may be advanced by the offense on a bad snap or blocked kick. The defense may score on either. 8<sup>th</sup> / 9<sup>th</sup>, will be played same as High School rules.

**6<sup>th</sup> grade - Coaches on the Field:** For 1<sup>st</sup> two games only, 1 coach (**ONLY 1**) is allowed on the field during the game to instruct players. The official may send the coach off the field if he hinders play and/or officiating. After the 2<sup>nd</sup> game, ALL coaches must remain on the sidelines. **No Coaches on the field in 7<sup>th</sup> or 8/9th grade leagues.**

### Field Locations

Salem – Loafer View Recreation Complex 600 East Canal Road, Salem

Spanish Fork – Spanish Fork Sports Park 295 West Volunteer Drive (950 South), Spanish Fork

Payson – Payson High School – 1050 South Main, Payson

Payson – Legend Fields = Pay Soc - Soccer complex 1045 South Main

Springville – Springville High School – 1205 East 900 South, Springville

**Updates on unsafe weather conditions or fields that cause games to be cancelled will be posted at**

**[www.spanishfork.org/dept/parkrec/news](http://www.spanishfork.org/dept/parkrec/news) & [www.salemcity.org](http://www.salemcity.org)**

## **6th Grade – Nebo Football – Game Schedule**

### **Wednesday, September 1<sup>st</sup>**

5:00p Salem Skyhawks Blue vs. SF Packers  
5:00p Sp. Fork Pay Vikings vs. SF Cowboys  
6:30p Salem Skyhawks Navy vs. SF Bears  
6:00p Payson Pay Seahawks vs. SV Johnson Tire

### **Wednesday, Sept. 8<sup>th</sup>**

5:00p Salem Skyhawks Blue vs. Pay Vikings  
5:00p SVHS SF Cowboys vs. SV Johnson Tire  
5:00p Sp. Fork SF Bears vs. Mapleton  
6:30p Sp. Fork SF Packers vs. Pay Seahawks

### **Saturday, Sept. 11<sup>th</sup>**

11:00a Salem SF Bears vs. Skyhawks Blue  
12:30p Salem SF Cowboys vs. Skyhawks Navy  
11:00a Pay Soc Mapleton vs. Pay Seahawks  
11:00a SVHS SV Johnson Tire vs. Pay Vikings

### **Tuesday, Sept 14<sup>th</sup>**

5:00p SVHS SV Johnson Tire vs. SF Bears

### **Wednesday, Sept. 15<sup>th</sup> revised 8/24/10**

5:00p PHS Pay Vikings vs. Skyhawks Navy  
6:30p PHS Pay Seahawks vs. Skyhawks Blue  
5:00p Sp. Fork Mapleton vs. SF Packers

### **Saturday, Sept. 18<sup>th</sup>**

9:30a PHS Skyhawks Navy vs. Pay Seahawks  
11:00a PHS Skyhawks Blue vs. Mapleton  
11:00a Sp. Fork SF Bears vs. SF Cowboys  
11:00p SVHS SF Packers vs. SV Johnson Tire

### **Wednesday, Sept. 22<sup>nd</sup> JV games**

5:00p Sp. Fork SF Packers vs. SF Bears  
6:10p Sp. Fork SF Cowboys vs. SV Johnson Tire  
5:00p PHS Pay Seahawks vs. Pay Vikings  
5:00p Salem Skyhawks Blue vs. Skyhawks Navy  
6:10 Salem Skyhawks Blue vs. Mapleton

### **Saturday, Sept. 25<sup>th</sup>**

9:00a PHS Pay Seahawks vs. Pay Vikings  
12:30p Sp. Fork SF Cowboys vs. SF Packers  
9:30a Salem Mapleton vs. Skyhawks Navy  
11:00a Salem SV Johnson Tire vs. Skyhawks Blue

### **Wednesday, Sept. 29<sup>th</sup>**

5:30p Salem Skyhawks Navy vs. Skyhawks Blue  
5:00p SVHS Mapleton vs. SF Cowboys  
5:00p Sp. Fork Pay Vikings vs. SF Packers  
6:30p Sp. Fork Pay Seahawks vs. SF Bears

### **Saturday, Oct. 2<sup>nd</sup>**

12:00p SVHS Pay Vikings vs. Mapleton  
12:00p Salem Skyhawks Navy vs. Johnson Tire  
1:30p Salem Skyhawks Blue vs. SF Cowboys  
1:30p Sp. Fork SF Packers vs. SF Bears

### **Wednesday, Oct. 6<sup>th</sup>**

5:00p Sp. Fork SF Cowboys vs. Pay Seahawks  
5:00p PHS SF Bears vs. Pay Vikings  
6:30p PHS SF Packers vs. Skyhawks Navy  
6:00p SVHS SV Johnson Tire vs. Mapleton

### **Saturday, Oct. 9<sup>th</sup> JV games**

10:10 Sp. Fork SF Packers vs. SF Cowboys  
10:10 PHS Pay Vikings vs. Pay Seahawks  
11:20 SVHS SV Johnson Tire vs. Mapleton  
12:30 SVHS SV Johnson Tire vs. Skyhawks Blue  
12:30 Salem Skyhawks Navy vs. SF Bears

### **Wednesday, Oct. 12<sup>th</sup>**

Play in game 8<sup>th</sup> & 9<sup>th</sup> seeds

### **Wednesday, Oct. 20<sup>th</sup> - Location & Time TBA**

Game A #1 seed vs. #8/9 seed  
Game B #2 seed vs. #7 seed  
Game C #3 seed vs. #6 seed  
Game D #4 seed vs. #5 seed

### **Saturday, Oct. 23<sup>rd</sup>**

Winner Game A vs. Winner Game D  
Winner game B vs. Winner Game C

### **Wednesday, Oct 27<sup>th</sup>**

5:00 p SuperBowl – Location ALA HS

### **Uniform Check-in:**

Salem City – October 26<sup>th</sup> & 28<sup>th</sup> Loafer Rec. Complex – 5:00 to 6:30 p.m. (pads in clean pants, please!)

Spanish Fork – October 26<sup>th</sup> & 28<sup>th</sup> Russell Swenson Ballpark – 5:00 to 6:30 p.m.