

# Nebo Football Conference

## 8<sup>th</sup> Grade 2010 Schedule

<b>Springville Quality Cleaners - Mark Lamoreaux – 822-4586</b>
<b>Springville Reams - Ryan Johnston – 420-6565</b>
<b>Salem Skyhawks Navy – Steve Quesenberry – 423-2135</b>
<b>Salem Skyhawks Blue – Tim Albrecht – 423-8190</b>
<b>Spanish Fork Packers – Bryant Creer – 794-0361</b>
<b>Spanish Fork Dolphins – Mike Johnson – 669-4861</b>
<b>Payson Pay Eagles – Mike Haitt – 465-2621</b>
<b>Payson Pay Cowboys – John Schoroemges – 404-1379</b>
<b>Mapleton Ashmon Dental – Darin Dixon – 369-7553</b>

### League Rules

### High School Football rules will govern.

- Game Time:** 4 - 12 minute quarters. Clock will run straight through, stopping the last two minutes in quarters two and four for penalties [out of bounds, incomplete pass, change of possession]. After the ball is set, the offense has 30 seconds to get a play started. Three time-outs per half. Five minute half-time.
- ◆ **Overtime:** 4 plays from ten yards out. Both teams will have even series. 2<sup>nd</sup> overtime teams must kick extra point. All OT's after will be field goal try from 10 yard line until a team wins.
  - ◆ Mouth guards are mandatory. If a player is without his mouth guard, the play is dead, a five yard penalty will be awarded [replay the down] & the player will sit out one play.
  - ◆ **JV Games:** 2 JV games will be played during the season. Games will not count against regular season standings. JV rosters will be limited to 16 players unless more are approved by the league board. Games will consist of 4 eight minute quarters. The clock will stop only on time-outs and last 2 minutes of the game. Varsity players on the JV roster may not play their Varsity positions. Teams top players should not be included on the JV roster. 1 coach may be on the field for all JV games. Coaches purpose on the field is to speed up time in between plays.

**Weight:** Players 105/125/145 pounds and under are eligible to carry the football. Players over LISTED pounds may not be used as BLOCKING BACKS, RUNNING BACKS or RECEIVERS. QUARTERBACKS may exceed the weight limit, but may not cross the line of scrimmage with the ball and are subject to the "in the grasp" rule in the backfield. If a person over WEIGHT LIMIT intercepts a pass or recovers a fumble, he can advance it. No orchestrated plays! There is no weight limit on DEFENSIVE POSITIONS. Players not eligible to carry the ball will have helmets marked with a black "X". Any player or coach that removes the "X" from a helmet will be disqualified for the remainder of the season.

**XMAN may:** play QB (cannot advance the ball), punt (cannot advance the ball), return fumbles or interceptions and play any defensive position.

**XMAN may not:** return punts of kickoffs (ball is dead at spot where they control ball), line up or play any position in the offensive backfield or catch a pass as a Tight End( can play TE if lined up on the line of scrimmage and not split out, if they go down field on a pass its ineligible receiver downfield).

**Playing Time:** Each player must play at least 10 plays per game. It is the coaches responsibility to make sure this happens. Kickoff, Punt and PAT's will be counted as a play. Players may be disciplined for not attending practice, but this should not serve as a way for coaches to skirt around the rule. It is the belief of the league that a good coach will find a way to help players improve and not be a liability to the team.

**Blitzing:** 6<sup>TH</sup> GRADE - 11 can blitz, only 5 coming from within the tackles, must be lined up as down lineman in a 3/4 point stance. 7<sup>TH</sup> GRADE - 11 can blitz, only 5 coming from within the tackles, must be lined up as down lineman in a 3/4 point stance. 8<sup>th</sup> GRADE - High School rules, no restrictions.

**Scoring:** A team more than 20 points behind may opt to receive the kick-off after a touchdown by either team. This helps to control a game that may be turning into a severe blowout. A on-sides kick would be poor sportsmanship in this case. You may show your colors!

- ◆ Extra points will be obtained by kicking for 2 points or running for 1 point. Blitzing rule in effect.
- ◆ In kicking Field Goals & PAT's, 6<sup>th</sup> grade only: **No defensive rush and No fake kicks.** Snap must be clean and kick away with in 5 seconds. In 7<sup>th</sup>, the defense may rush five from anywhere, fakes are allowed. The ball may be advanced by the offense on a bad snap or blocked kick. The defense may score on either. 8<sup>th</sup> / 9<sup>th</sup>, will be played same as High School rules.

**Conduct:** Any punch will be a 15 yard penalty and the player must be removed from the game for the series and possible ejection at the discretion of the official. If a player or coach is ejected they will be suspended for the next football game.

**6<sup>th</sup> grade - Coaches on the Field:** For 1<sup>st</sup> two games only, 1 coach (**ONLY 1**) is allowed on the field during the game to instruct players. The official may send the coach off the field if he hinders play and/or officiating. After the 2<sup>nd</sup> game, ALL coaches must remain on the sidelines. **No Coaches on the field in 7<sup>th</sup> or 8/9th grade leagues.**

### Field Locations

Salem – Loafer View Recreation Complex 600 East Canal Road, Salem  
 Spanish Fork – Spanish Fork Sports Park 295 West Volunteer Drive (950 South), Spanish Fork  
 Payson – Payson High School – 1050 South Main, Payson  
 Payson – Legend Fields = Pay Soc - Soccer complex 1045 South Main  
 Springville – Springville High School – 1205 East 900 South, Springville

Updates on unsafe weather conditions or fields that cause games to be cancelled will be posted at [www.spanishfork.org/dept/parkrec/news](http://www.spanishfork.org/dept/parkrec/news) & [www.salemcity.org](http://www.salemcity.org)

## **8th Grade – Nebo Football – Game Schedule**

### Tuesday, August 31<sup>st</sup>

6:00p SVHS Pay Eagles vs. SV Quality Cleaners  
 7:30p SVHS Pay Cowboys vs. SV Reams  
 5:15p Salem Skyhawks Blue vs. SF Dolphins  
 6:45p Salem Skyhawks Navy vs. SF Packers

### Tuesday, Sept. 7<sup>th</sup>

6:00p Sp. Fork SF Packers vs. Skyhawks Blue  
 7:30p Sp. Fork SV Quality Cleaners vs. Mapleton  
 6:00p PHS SV Reams vs. Pay Eagles  
 7:30p PHS SF Dolphins vs. Pay Cowboys

### Saturday, Sept. 11<sup>th</sup>

8:00a SVHS SV Reams vs. SV Quality Cleaners  
 9:30a SVHS SF Dolphins vs. Mapleton  
 8:00a Salem Skyhawks Navy vs. Pay Cowboys  
 9:30a Salem SF Packers vs. Pay Eagles

### Tuesday, Sept. 14<sup>th</sup>

6:30p SVHS SV Reams vs. SF Packers  
 8:00p SVHS Quality Cleaners vs. Skyhawks Navy  
 6:00p PHS Pay Eagles vs. Pay Cowboys  
 7:30p PHS Mapleton vs. Skyhawks Blue

### Saturday, Sept. 18<sup>th</sup>

8:00a Sp. Fork SF Packers vs. SF Dolphins  
 9:30a Sp. Fork Pay Cowboys vs. Mapleton  
 8:00a Salem Skyhawks Blue vs. SV Quality Clean.  
 9:30a Salem Skyhawks Navy vs. SV Reams

### Tuesday, Sept. 21<sup>st</sup> JV games

6:00p Sp. Fork SF Packers vs. SF Dolphins  
 7:30p Sp. Fork SF Packers vs. Pay Eagles  
 6:00p Salem Skyhawks Blue vs. SV Quality Clean.  
 6:00p PHS Skyhawks Navy vs. SV Reams  
 7:30p PHS Pay Cowboys vs. Mapleton

### Saturday, Sept. 25<sup>th</sup>

8:00a SVHS SF Packers vs. SV Quality Cleaners  
 9:30a SVHS SF Dolphins vs. SV Reams  
 8:00a Salem Skyhawks Blue vs. Pay Eagles  
 12:30p Salem Skyhawks Navy vs. Mapleton

### Tuesday, Sept. 28<sup>th</sup>

5:00p Sp. Fork Pay Eagles vs. SF Dolphins  
 6:30p Sp. Fork Pay Cowboys vs. SF Packers  
 8:00p Sp. Fork Mapleton vs. SV Reams  
 6:00p Salem Skyhawks Blue vs. Skyhawks Navy

### Saturday, Oct. 2<sup>nd</sup>

9:00a Sp. Fork SF Dolphins vs. Skyhawks Navy  
 9:00a Salem SV Reams vs. Skyhawks Blue  
 9:00a PHS Pay Cowboys vs. SV Quality Cleaners  
 10:30a PHS Mapleton vs. Pay Eagles

### Tuesday, Oct. 5<sup>th</sup>

6:00p Sp. Fork SV Quality Clean. vs. SF Dolphins  
 7:30p Sp. Fork Mapleton vs. SF Packers  
 6:00p PHS Pay Eagles vs. Skyhawks Navy  
 7:30p PHS Pay Cowboys vs. Skyhawks Blue

### Saturday, Oct. 9<sup>th</sup> JV games

9:00a SVHS SV Quality Cleaners vs. Mapleton  
 10:10a SVHS SV Quality Clean. vs. SF Dolphins  
 9:00a Sp. Fork SV Reams vs. SF Packers  
 9:00a Salem Pay Eagles vs. Skyhawks Navy  
 9:00a PHS Pay Cowboys vs. Skyhawks Blue

### Tuesday, Oct. 12<sup>th</sup>

Play in game 8<sup>th</sup> & 9<sup>th</sup> seeds

### Tuesday, Oct. 19<sup>th</sup> - Location & Time TBA

Game A #1 seed vs. #8/9 seed  
 Game B #2 seed vs. #7 seed  
 Game C #3 seed vs. #6 seed  
 Game D #4 seed vs. #5 seed

### Saturday, Oct. 23<sup>rd</sup>

Winner Game A vs. Winner Game D  
 Winner game B vs. Winner Game C

### Wednesday, Oct 27<sup>th</sup>

8:00 p SuperBowl – Location ALA HS

### Uniform Check-in:

Salem City – October 26<sup>th</sup> & 28<sup>th</sup> Loafer Rec. Complex – 5:00 to 6:30 p.m. (pads in clean pants, please!)  
 Spanish Fork – October 26<sup>th</sup> & 28<sup>th</sup> Russell Swenson Ballpark – 5:00 to 6:30 p.m.