

Nebo Football Conference - 6th Grade 2011 Schedule

Springville Johnson Tire – Steve Lancaster- 376-8888
Springville Johnston Phillips Const. – Duane Houtz – 865-3290
Salem Skyhawks – Steve Quesenberry – 423-2135
Spanish Fork Bears – Dennis McGraw – 380-6042
Spanish Fork Cowboys – Steve Branam – 380-6865
Mapleton - Ashley Oviatt – 687-6330
Payson Lions Silver – Travis Jockumsen – 465-9834
Payson Lions Green – Jothan Bullock – 658-8085

League Rules

High School Football rules will govern.

- Game Time:** 4 - 12 minute quarters. Clock will run straight through, stopping the last two minutes of the 2nd quarter and last four minutes of the 4th. Stopping for Penalties [out of bounds, incomplete pass, change of possession]. After the ball is set, the offense has 30 seconds to get a play started. Three time-outs per half. 5 min.half-time.
- ◆ **Overtime:** 4 plays from ten yards out. Both teams will have even series. 2nd overtime teams must kick extra point. All OT's after will be field goal try from 10 yard line until a team wins, no fakes.
 - ◆ Mouth guards are mandatory. If a player is without his mouth guard, the play is dead, a five yard penalty will be awarded [replay the down] & the player will sit out one play.
 - ◆ **JV Games:** 3 JV games will be played during the season. Games will not count against regular season standings. JV rosters will be limited to **18 players** unless more are approved by the league board. Games will consist of 4 eight minute quarters. The clock will stop only on time-outs and last 2 minutes of the game. Varsity players on the JV roster may not play their Varsity positions. Teams top players should not be included on the JV roster. 1 coach may be on the field for all JV games. Coaches purpose on the field is to speed up time in between plays.

Weight: Players 105/125/145 pounds and under are eligible to carry the football. Players over LISTED pounds may not be used as BLOCKING BACKS, RUNNING BACKS or RECEIVERS. QUARTERBACKS may exceed the weight limit, but may not cross the line of scrimmage with the ball and are subject to the "in the grasp" rule in the backfield. If a person over WEIGHT LIMIT intercepts a pass or recovers a fumble, he can advance it. No orchestrated plays! There is no weight limit on DEFENSIVE POSITIONS. Players not eligible to carry the ball will have helmets marked with a black "X". Any player or coach that removes the "X" from a helmet will be disqualified for the remainder of the season.

XMAN may: play QB (cannot advance the ball), punt (cannot advance the ball), return fumbles or interceptions and play any defensive position.

XMAN may not: return punts of kickoffs (ball is dead at spot where they control ball), line up or play any position in the offensive backfield or catch a pass as a Tight End (can play TE if lined up on the line of scrimmage and not split out, if they go down field on a pass its ineligible receiver downfield).

Playing Time: Each player must play at least 10 plays per game. It is the coaches responsibility to make sure this happens. Kickoff, Punt and PAT's will be counted as a play. Players may be disciplined for not attending practice, but this should not serve as a way for coaches to skirt around the rule. It is the belief of the league that a good coach will find a way to help players improve and not be a liability to the team.

Blitzing: 6TH GRADE - 11 can blitz, only 5 coming from within the tackles, must be lined up as down lineman in a 3 point stance. 7TH GRADE - 11 can blitz, only 5 coming from within the tackles, must be lined up as down lineman in a 3 point stance. 8th GRADE - High School rules, no restrictions.

Conduct: Any punch will be a 15 yard penalty and the player must be removed from the game for the series and possible ejection at the discretion of the official. If a player or coach is ejected they will be suspended for the next football game.

Scoring: A team more than 20 points behind may opt to receive the kick-off after a touchdown by either team. This helps to control a game that may be turning into a severe blowout. A on-sides kick would be poor sportsmanship in this case. You may show your colors!

- ◆ Extra points will be obtained by kicking for 2 points or running for 1 point. Blitzing rule in effect.
- ◆ In kicking Field Goals & PAT's, 6th grade only: **No defensive rush and No fake kicks.** Snap must be clean and kick away with in 5 seconds. In 7th, the defense may rush five from anywhere, fakes are allowed. The ball may be advanced by the offense on a bad snap or blocked kick. The defense may score on either. 8th / 9th, will be played same as High School rules.

6th grade - Coaches on the Field: For 1st two games only, 1 coach (**ONLY 1**) is allowed on the field during the game to instruct players. The official may send the coach off the field if he hinders play and/or officiating. Starting the 3rd game, ALL coaches must remain on the sidelines. **No Coaches on the field in 7th or 8/9th grade leagues.**

Field Locations

Salem – Loafer View Recreation Complex 600 East Canal Road, Salem

Spanish Fork – Spanish Fork Sports Park 295 West Volunteer Drive (950 South), Spanish Fork

Payson – Payson High School – 1050 South Main, Payson

Springville – Springville High School – 1205 East 900 South, Springville

Updates on unsafe weather conditions or fields that cause games to be cancelled will be posted at www.spanishfork.org/dept/parkrec/news & www.salemcity.org

6th Grade – Nebo Football – Game Schedule

Tuesday, August 30th

5:00p Salem SV Johnston Const. vs. Salem Skyhawks

6:00p Payson Payson Lions Silver vs. SF Cowboys

7:30p Payson Payson Lions Green vs. SF Bears

Wednesday, August 31st

6:00p Springville Mapleton vs. SV Johnson Tire

Tuesday, Sept. 6th

5:00 Salem Salem Skyhawks vs. SF Bears

6:00 Sp. Fork SF Cowboys vs. SV Johnston Const.

6:00 Payson Payson Lions Green vs. Mapleton

Wednesday, Sept 7th

6:00 Sp. Fork Payson Lions Silver vs. SV Johnson Tire

Saturday, Sept. 10th

9:00 Sp. Fork SF Cowboys vs. Salem Skyhawks

9:00 Payson Payson Lion Silver vs. Payson Lions Green

9:00 Springville Mapleton vs. SV Johnston Const.

10:30 Springville SF Bears vs. SV Johnson Tire

Tuesday, Sept. 13th JV

6:00 Sp. Fork SF Bears vs. SV Johnston Const.

7:10 Sp. Fork SF Cowboys vs. Mapleton

Wednesday, Sept. 14th JV

6:00 Payson Payson Lions Green vs. Salem Skyhawks

7:10 Payson Payson Lions Silver vs. SV Johnson Tire

Saturday, Sept. 17th

9:00 Payson SF Bears vs. Payson Lions Silver

9:00 Springville SV Johnson Tire vs. SV Johnston Const.

9:00 Salem Salem Skyhawks vs. Payson Lions Green

10:30 Salem SF Cowboys vs. Mapleton

Tuesday, Sept. 20th

6:00 Sp. Fork Mapleton vs. Payson Lions Silver

7:30 Sp. Fork SF Cowboys vs. Payson Lions Green

6:00 Springville SF Bears vs. SV Johnston Const.

Wednesday, Sept. 21st - location changed

5:00 Springville Salem Skyhawks vs. SV Johnson Tire

Saturday, Sept. 24th JV

9:00 Salem Salem Skyhawks vs. SV Johnston Const.

10:10 Salem Mapleton vs. SV Johnson Tire

9:00 Sp. Fork SF Bears vs. SF Cowboys

10:10 Sp. Fork Payson Lion Silver vs. Payson Lion Green

Tuesday, Sept. 27th

6:00 Sp. Fork SF Bears vs. SF Cowboys

6:00 Salem Salem Skyhawks vs. Mapleton

Wednesday, Sept. 28th

6:00 Springville SV Johnston Const. vs. Payson Lions Silver

7:30 Springville SV Johnson Tire vs. Payson Lions Green

Tuesday, Oct. 4th

6:00 Sp. Fork SV Johnson Tire vs. SF Cowboys

6:00 Springville Payson Lions Green vs. SV Johnston Const.

Saturday, Oct. 1st JV – revised for Payson Temple dedication

9:00 Sp. Fork SF Bears vs. Mapleton

10:10 Sp. Fork SF Cowboys vs. SV Johnston Const.

9:00 Payson Payson Lions Silver vs. Salem Skyhawks

10:10 Payson Payson Lions Green vs. SV Johnson Tire

Wednesday, Oct. 5th

6:00 Sp. Fork SF Bears vs. Mapleton

6:00 Payson Payson Lions Silver vs. Salem Skyhawks

Playoffs TBA

Super bowl – October 25th

Uniform Check-in:

Salem City – October 26th & 27th Loafer Rec. Complex – 5:00 to 6:30 p.m. (pads in clean pants, please!)

Spanish Fork – October 26th & 27th Russell Swenson Ballpark – 5:00 to 6:30 p.m. (Pads out of pants, wrapped with belt.)