

Nebo Football Conference - 8th Grade 2011 Schedule

Springville Quality Cleaners – Tim Johnson – 227-4100
Springville Reams - Sandy Jenkins – 318-2941
Salem Skyhawks – Eric Smith – 798-0937
Spanish Fork Packers – Mike Davis – 372-6434
Payson Green Lions – Travis Barker – 358-9641
Payson Silver Lions – Scott Mortensen – 754-3809
Mapleton - Kalin Hall – 857-7015

League Rules

High School Football rules will govern.

Game Time: 4 - 12 minute quarters. Clock will run straight through, stopping the last two minutes of the 2nd quarter and the last four minutes of the 4th for penalties [out of bounds, incomplete pass, change of possession]. After the ball is set, the offense has 30 seconds to get a play started. Three time-outs per half. Five minute half-time.

- ◆ **Overtime:** 4 plays from ten yards out. Both teams will have even series. 2nd overtime teams must kick extra point. All OT's after will be field goal try from 10 yard line until a team wins.
- ◆ Mouth guards are mandatory. If a player is without his mouth guard, the play in dead, a five yard penalty will be awarded [replay the down] & the player will sit out one play.
- ◆ **JV Games:** 2 JV games will be played during the season. Games will not count against regular season standings. JV rosters will be limited to 18 players unless more are approved by the league board. Games will consist of 4 eight minute quarters. The clock will stop only on time-outs and last 2 minutes of the game. Varsity players on the JV roster may not play their Varsity positions. Teams top players should not be included on the JV roster. 1 coach may be on the field for all JV games. Coaches purpose on the field is to speed up time in between plays.

Weight: Players 105/125/145 pounds and under are eligible to carry the football. Players over LISTED pounds may not be used as BLOCKING BACKS, RUNNING BACKS or RECEIVERS. QUARTERBACKS may exceed the weight limit, but may not cross the line of scrimmage with the ball and are subject to the "in the grasp" rule in the backfield. If a person over WEIGHT LIMIT intercepts a pass or recovers a fumble, he can advance it. No orchestrated plays! There is no weight limit on DEFENSIVE POSITIONS. Players not eligible to carry the ball will have helmets marked with a black "X". Any player or coach that removes the "X" from a helmet will be disqualified for the remainder of the season.

XMAN may: play QB (cannot advance the ball), punt (cannot advance the ball), return fumbles or interceptions and play any defensive position.

XMAN may not: return punts of kickoffs (ball is dead at spot where they control ball), line up or play any position in the offensive backfield or catch a pass as a Tight End(can play TE if lined up on the line of scrimmage and not split out, if they go down field on a pass its ineligible receiver downfield).

Playing Time: Each player must play at least 10 plays per game. It is the coaches responsibility to make sure this happens. Kickoff, Punt and PAT's will be counted as a play. Players may be disciplined for not attending practice, but this should not serve as a way for coaches to skirt around the rule. It is the belief of the league that a good coach will find a way to help players improve and not be a liability to the team.

Blitzing: 6TH GRADE - 11 can blitz, only 5 coming from within the tackles, must be lined up as down lineman in a 3/4 point stance. 7TH GRADE - 11 can blitz, only 5 coming from within the tackles, must be lined up as down lineman in a 3/4 point stance. 8th GRADE - High School rules, no restrictions.

Scoring: A team more than 20 points behind may opt to receive the kick-off after a touchdown by either team. This helps to control a game that may be turning into a severe blowout. A on-sides kick would be poor sportsmanship in this case. You may show your colors!

- ◆ Extra points will be obtained by kicking for 2 points or running for 1 point. Blitzing rule in effect.
- ◆ In kicking Field Goals & PAT's, 6th grade only: **No defensive rush and No fake kicks.** Snap must be clean and kick away with in 5 seconds. In 7th, the defense may rush five from anywhere, fakes are allowed. The ball may be advanced by the offense on a bad snap or blocked kick. The defense may score on either. 8th / 9th, will be played same as High School rules.

Conduct: Any punch will be a 15 yard penalty and the player must be removed from the game for the series and possible ejection at the discretion of the official. If a player or coach is ejected they will be suspended for the next football game.

6th grade - Coaches on the Field: For 1st two games only, 1 coach (**ONLY 1**) is allowed on the field during the game to instruct players. The official may send the coach off the field if he hinders play and/or officiating. After the 2nd game, ALL coaches must remain on the sidelines. **No Coaches on the field in 7th or 8/9th grade leagues.**

Field Locations

Salem – Loafer View Recreation Complex 600 East Canal Road, Salem
 Spanish Fork – Spanish Fork Sports Park 295 West Volunteer Drive (950 South), Spanish Fork
 Payson – Payson High School – 1050 South Main, Payson
 Springville – Springville High School – 1205 East 900 South, Springville

Updates on unsafe weather conditions or fields that cause games to be cancelled will be posted at www.spanishfork.org/dept/parkrec/news & www.salemcity.org

8th Grade – Nebo Football – Game Schedule

Saturday, August 27th

Payson 9:00a Mapleton vs. SV Reams
 Payson 10:30a Salem Skyhawks vs. Payson Silver Lion
 Payson 12:00n Sp. Fork Packers vs. Payson Green Lion

Tuesday, August 30th

Salem 6:30p Salem Skyhawks vs. Sp. Fork Packers
 Springville 6:00p SV Quality Cleaners vs. Payson Silver
 Springville 7:30p SV Reams vs. Payson Green Lions

Tuesday, Sept. 6th

Salem 6:30p Salem Skyhawks vs. SV Quality Clean.
 Sp. Fork 7:30p Sp. Fork Packers vs. Mapleton
 Payson 7:30p Payson Green Lions vs. Payson Silver

Saturday, Sept. 10th

Payson 10:30a Payson Green vs. SV Quality Clean.
 Payson 12:00n Payson Silver Lions vs. Mapleton
 Springville 12:00n Sp. Fork Packers vs. SV Reams

Tuesday, Sept. 13th JV

Payson 6:00p Mapleton vs. Salem Skyhawks
 Payson 7:10p Payson Green Lions vs. SV Reams
 Payson 8:20p SV Quality Cleaners vs. SV Reams
 Sp. Fork 8:20p Payson Silver Lions vs. Sp. Fork Packers

Saturday, Sept. 17th

Springville 9:00a SV Reams vs. Payson Green Lions
 Springville 10:30a SV Quality Cleaners vs. Payson Silver
 Sp. Fork 12:00n Salem Skyhawks vs. Sp. Fork Packers

Tuesday, Sept. 20th

Salem 5:30p Payson Green Lions vs. Salem Skyhawks
 Payson 6:00p Mapleton vs. SV Quality Cleaners
 Payson 7:30p Payson Silver Lions vs. SV Reams

Saturday, Sept. 24th JV

Payson 11:20a Payson Green Lions vs. Payson Silver
 Payson 12:30n Sp. Fork Packers vs. Mapleton
 Springville 11:20a Salem Skyhawks vs. SV Quality Clean.
 Springville 12:30n Salem Skyhawks vs. SV Reams

Tuesday, Sept. 27th

Springville 6:00p SV Quality Cleaners vs. Sp. Fork Packers
 Springville 7:30p SV Reams vs. Salem Skyhawks
 Sp. Fork 7:30p Mapleton vs. Payson Green Lions

Saturday, Oct. 1st JV revised for Payson Temple dedication

Springville 10:10a Mapleton vs. SV Reams
 Springville 11:20a Mapleton vs. SV Quality Cleaners
 Salem 11:20a Salem Skyhawks vs. Payson Silver Lion
 Payson 12:30p Sp. Fork Packers vs. Payson Green Lion

Tuesday, Oct. 4th

Salem 5:15p Mapleton vs. Salem Skyhawks
 Sp. Fork 7:30p Payson Silver Lions vs. Sp. Fork Packers
 Springville 7:30p SV Quality Cleaners vs. SV Reams

Payoffs TBA

Super Bowl, Oct 25th

Uniform Check-in:

Salem City – October 26th & 27th Loafer Rec. Complex – 5:00 to 6:30 p.m. (pads in clean pants, please!)
 Spanish Fork – October 26th & 27th Russell Swenson Ballpark – 5:00 to 6:30 p.m. (Pads out of pants, wrapped with belt.)