

Nebo Football Conference

6th Grade 2009 Schedule

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|--|------------------------|-----------------|
| Springville Johnston & Phillips – | Sandy Jenkins | 318-2941 |
| Springville Johnson Tire - | Mike Child | 360-9653 |
| Salem Skyhawks – | Mark Goudy – | 423-1557 |
| Spanish Fork Bears – | Jaron Johnson | 798-0868 |
| Spanish Fork Cowboys – | Jon Lyon – | 494-4475 |
| Spanish Fork Packers – | Scott Clayton – | 798-1904 |
| Payson 49ers – | Dan Disbrow – | 372-1132 |
| Payson Packers – | Travis Baker – | 465-7976 |

1. 6th grade tackle football. 11 players on the field per set. Coaches are encouraged to find playing time for all players on the team roster. Players must attend practices and adhere to team rules in order to play. Only players on the team roster may play in league games, practices and scrimmages.
2. The weight limit to carry the ball in 6th grade is 105 lbs. Ball carriers must meet the weight limit to begin the season. A second weigh-in will be held the first week of the season prior to game day. Ball carriers must make weight on this date. A third weigh will take place prior to the playoffs. Players who have been carrying the ball during the season that are within 5 pounds of the limit must re-weigh in order to carry the ball in the playoffs. If a player misses any weigh-in they will not be allowed to weigh later. They are a non- ball carrier. **Playoff weigh-in** will take place Monday, October 5th from 6:00 to 7:00 p.m. at the Spanish Fork Sports Park. **Sucking weight to play football is strongly discouraged!**
3. League play is **governed by High School Federation** rules. Games will be split into four 12 minute quarters. The clock will run straight, only stopping on timeouts and touchdowns – field goals. The clock will stop the last two minutes of the 2nd and 4th quarters on all out of bounds plays, incomplete passes and 1st downs. The clock will restart after the ball is set on 1st downs. **Overtime:** 4 plays from 10 yard line. 2nd OT: 4 plays from 10 yard line, both teams must kick PAT. 3rd OT and beyond: 1 play field goal attempt until someone wins. **Halftime** will be 5 minutes.

Rules and scoring - 6th grade only

1. Straight up defensive play. **With tackle to tackle rushing limit.** The defense may rush 11 players on any offensive play, but may only send 5 players between the offensive tackles. In order to rush between the tackles the player must line up on the line in a 3 or 4 point stance when the ball is called set. If only four players line up between the tackles than only 4 players may rush up the middle. Kicks, Punts and field goals will be **dead plays** where the defense may not rush, all players must hold their spot until the ball is kicked. No fakes are allowed. On PAT & Field Goals the offense will have 5 second to get the kick away. If the snap is botched or not handled the play will be blown dead, as a loss of down.
2. The center may not be covered or touched on any kicking play.
3. Team will have 30 seconds from the time the ball is set to get of a play. Starting 1st game.
4. Player must stay between the 30 yard lines when on the sidelines.
5. Horse collar tackling is illegal in this league and will be flagged as a face mask.
6. Scoring: Touch down 6 pts. Field Goal 3 pt. Kicked PAT 2 pts. Run or passed PAT 1 pt. When a team is trailing by more than 20 points they may opt to receive the kickoff after either team scores. An onside kick at this point would be poor sportsmanship, show your colors!
7. One coach maybe on the field for the first (3) games. After the first (3) games only players and officials will be allowed on the field. **Work on your sideline play relay early on in the season.**

Field Locations

Salem – Loafer View Recreation Complex 600 East Canal Road, Salem

Spanish Fork – Spanish Fork Sports Park 295 West Volunteer Drive (950 South), Spanish Fork

Payson – Payson High School – 1050 South Main, Payson

Springville – Springville High School – 1205 East 900 South, Springville

Updates on unsafe weather conditions or fields that cause games to be cancelled will be posted at www.spanishfork.org/dept/parkrec/news

6th Grade – Nebo Football – Game Schedule

Saturday, August 29th

8:00a Salem Salem Skyhawks vs. SF Bears

8:00a SF Payson Packers vs. SF Packers

8:00a SV SV Johnston & Phillips vs. Payson 49ers

9:30a SV SV Johnson Tire vs. SF Cowboys

Wednesday, Sept. 2nd

5:00p SF Payson 49ers vs. SF Cowboys

6:30p SF Payson Packers vs. SF Bears

6:00p SV SV Johnson Tire vs. Salem Skyhawks

7:30p SV SF Packers vs. SV Johnston & Phillips

Wednesday, Sept. 9th

5:00p SF SV Johnston & Phillips vs. SF Cowboys

6:30p SF SF Packers vs. SF Bears

6:00p Pay Payson Packers vs. SV Johnson Tire

7:30p Pay Payson 49ers vs. Salem Skyhawks

Saturday, Sept. 12th

8:00a Salem Salem Skyhawks vs. SF Packers

8:00a SV SV Johnson Tire vs. Payson 49ers

9:30a SV Payson Packers vs. SV Johnston & Phil.

2:00p SF SF Bears vs. SF Cowboys

Wednesday, Sept. 16th

6:00p SV SV Johnson Tire vs. SV Johnston & Phil

6:00p Pay Salem Skyhawks vs. Payson Packers

7:30p Pay SF Bears vs. Payson 49ers

6:30p SF SF Cowboys vs. SF Packers

Saturday, Sept. 19th

9:30a SF SF Bears vs. SV Johnson Tire

11:00a SF SF Cowboys vs. Payson Packers

12:30p SF SF Packers vs. Payson 49ers

12:30p Salem SV Johnston & Phil. vs. Skyhawks

Wednesday, Sept. 23rd

5:00p Salem SV Johnson Tire vs. S. Skyhawks

5:00p SF Payson Packers vs. SF Bears

6:30p SF SF Packers vs. SV Johnston & Phillips

8:00p SF Payson 49ers vs. SF Cowboys

Saturday, Sept. 26th

9:00a SV SF Packers vs. SV Johnson Tire

10:00a Pay Payson 49ers vs. Payson Packers

12:00p SF SF Bears vs. SV Johnston & Phillips

12:00p Salem SF Cowboys vs. Salem Skyhawks

Wednesday, Sept. 30th

6:00p SV SF Bears vs. SV Johnston & Phillips

5:00p SF SF Cowboys vs. Salem Skyhawks

6:30p SF SF Packers vs. SV Johnson Tire

6:00p Pay Payson 49ers vs. Payson Packers

Wednesday, Oct. 7th Location & Time TBA

Game A #1 seed vs. #8/9 seed

Game B #2 seed vs. #7 seed

Game C #3 seed vs. #6 seed

Game D #4 seed vs. #5 seed

Saturday, Oct. 10 Location & Time TBA

Winner Game A vs. Winner Game D

Winner Game B vs. Winner Game C

Wednesday, Oct 21st

6:00 p SuperBowl – Location TBA

Uniform Check-in:

Salem City – October 21st & 22nd Loafer Recreation Complex – 5:00 to 6:30 p.m. (**pads in clean pants, please!**)

Spanish Fork – October 26th & 27th Russell Swenson Ballpark – 6:00 to 8:00 p.m.

Payson-