# **SALEM CITY RECREATION PROGRAMS SECTION**

Office Hours: Monday – Thursday 8:00 a.m. – 5:00 p.m. Friday 8:00 a.m. – 12:00 noon 60 NORTH 100 EAST SALEM, UTAH

ORTH 100 EAST SALEM, UTAI 801-423-1035

Matt Marziale — Parks and Recreation Director Angie Mattinson — Office Manager

# PLEASE REMEMBER YOU CAN REGISTER BEFORE THESE DATES: A \$5.00 FEE WILL BE CHARGED FOR NON-RESIDENTS

PROGRAM	REGISTRATION DATES
Youth Baseball 3 <sup>rd</sup> to 12 <sup>th</sup> grades	
Youth Softball 3 <sup>rd</sup> to 12 <sup>th</sup> grades	Registration: March 5th
	Registration: March 5 <sup>th</sup>
Youth Fishing Club	Starts: April 1st Games Start April 8 <sup>th</sup>
Spring Soccer (K – 6 <sup>th</sup> )  Coed Softball Organizational Meeting	Thursday, April 9 <sup>th</sup> 8:00 p.m.
Coed Sortball Organizational Meeting	Loafer View Recreation Complex
Salem Easter Egg Hunt – Loafer View Recreation Complex	April 11th
4-H ( 5 years old and up)	Start date: April 21st
T-Ball - Boys & Girls	Early Registration Deadline: April 7 <sup>th</sup>
(Must be in Kindergarten)	
Machine Pitch & Coach Pitch	Early Registration Deadline: April 7 <sup>th</sup>
T-Ball, Machine & Coach Pitch Team Organization	April 22 <sup>nd</sup> @ 7:00 p.m. (Rec. Office)
Start Smart Baseball (4 & 5 year olds) Begins	April 21st 6:00 to 7:00 p.m.
Adult Coed Softball – 1st Games	April 22 <sup>nd</sup>
Youth Umpire Training	April 23rd, 7:00 p.m. @ Loafer Complex
(9 <sup>th</sup> grade and older)	, , ,
Salem Youth Track Club	April 28th, 2009 – Early Deadline
(3 <sup>rd</sup> to 8 <sup>th</sup> Grades)	
Pee Wee Tennis 3 <sup>rd</sup> to 6 <sup>th</sup> grades	June 2 <sup>nd</sup> , Early Registration
Youth Tennis 7 <sup>th</sup> to 9 <sup>th</sup> grade	June 2 <sup>nd</sup> , Early Registration
YOUTH HERSHEY'S TRACK MEETS	
3 <sup>RD</sup> GRADE	May 5 <sup>th</sup> , 2009 May 5 <sup>th</sup> , 2009
4 <sup>TH</sup> GRADE	May 5 <sup>th</sup> , 2009
5 <sup>™</sup> GRADE	May 12 <sup>th</sup> , 2009
6 <sup>™</sup> GRADE	May 12 <sup>th</sup> , 2009
Beginner Martial Arts - (Age 8 to 13)	Early Registration: May 26 <sup>th</sup>
Mom & Me Martial Arts (Age 5 to 7)	Early Registration: May 20 <sup>th</sup>
Summer Baseball Camp - Down Town	June 8 <sup>th</sup> to June 11 <sup>th</sup>
Summer Softball Camp - Loafer View	June 8 <sup>th</sup> to June 11 <sup>th</sup>
Sports Skills Camp - 6years to 12 years	June 15 <sup>th</sup> to June 19 <sup>th</sup>
Adult Tennis	Early Registration: July 1 <sup>st</sup>
Tackle Football Early Reg. 6 <sup>th</sup> , 7 <sup>th</sup> & 8 <sup>th</sup>	July 16 <sup>th</sup>
Fall Coed Softball & Salem Days	July 17 <sup>th</sup>
Early Deadline	,
Flag Football Early Reg. 3 <sup>rd</sup> , 4 <sup>th</sup> , 5 <sup>th</sup> & 6 <sup>th</sup>	July 23 <sup>rd</sup>
Tackle Football Camp	July 28 <sup>th</sup> to August 6 <sup>th</sup>
Summer Soccer Camp	July 27th to July 30th
Flag Football Camp	August 3 <sup>rd</sup> to August 7 <sup>th</sup>
Salem Days Coed Softball Tournament	August 6 <sup>th</sup> & 7 <sup>th</sup>
Women's Flag Football League	Early Registration: August 11th

**Web Site:** www.salemcity.org E-mail: mattm@salemcity.org
Information for the Salem Riding Arena can be found @ Salem Parks &
Recreation, 801-423-1035

# SALEM CITY RECREATION PROGRAMS AND ACTIVITIES SECTION



## Youth Baseball & Softball

Youth Baseball & Softball is for boys and girls 3<sup>rd</sup> to 12<sup>th</sup> grades

**Team Organization:** Will be done April 6<sup>th</sup> through the 9<sup>th</sup>. Teams will practice during the month of April and begin league play the first week of May. Leagues are divided by gender and age group. After teams have been drafted, registration will be accepted on a space availability basis.

# **Colt & Phoenix Leagues**

These leagues are for high school aged youth. Both leagues will begin in mid May and play through mid July. Both leagues will include teams from Payson, Spanish Fork and Salem. Sign up now!

# **Youth Umpire Training**

High School aged boys and girls interested in a summer job may attend the youth umpire training on Thursday, April 23 at Loafer View Recreation Complex. Umpires must be 15 years of age and have a starting knowledge of baseball or softball. Training will start at 7:00 p.m. and last 1 hour and 15 minutes. All prospective umpires should bring their SS# with them. Umpires are a very important part of the game, and will not be harassed or yelled at in Salem.

## YOUTH SPRING SOCCER

Youth soccer for grade Kindergarten to 6<sup>th</sup> grade will begin play April 8<sup>th</sup>. League games will be played Wednesday & Friday evenings. Teams will play in a 6 on 6 format, which offers more space for ball movement and skill development.

**Registration:** Late registration will be accepted in leagues room available. Please call the Recreation Office for more information.



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## **Adult Coed Softball**

Salem will be offering a Spring Coed Softball league this year. Teams should be organized and registered by a team contact person. Games will be played Wednesday evenings starting April 22<sup>nd</sup>. A 12 game schedule, plus post season tournament will be offered for \$350.00 per team. 18 teams will be divided between two divisions. All teams should have a representative present at the league organizational meeting on April 9<sup>th</sup> @ 8:00 p.m. **A \$5.00 non resident fee will be charged to all non-residents.** 



# Salem Easter Egg Hunt

The 2009 Easter Egg Hunt will take place Saturday, April 11<sup>th</sup> at Loafer View Recreation Complex. All hunts will begin at 9:00 a.m. sharp. Fields will be divided up for kids 1 to 10 years of age.

# 4-H

Salem Youth 4-H is for youth 5 years of age up. The program will be focused around horsemanship. This program is designed to provide experiences to help develop leadership, citizenship, self esteem, social skills and to become contributing members of society, as well as better horsemen and women. Registration is \$15.00 and includes a t-shirt. All participants need to register prior to the April 21<sup>st</sup> start date. All participants must have their own well broke and gentle horse and be able to rise with out assistance. Program meetings will be every Tuesday & Thursday from April 21<sup>st</sup> to October 1<sup>st</sup>.

## T-Ball, Coach Pitch and Machine Pitch

Early Registration deadline is Tuesday, April 7<sup>th</sup>. Kindergarten boys and girls will play t-ball. It is our goal to split leagues into gender specific leagues this season. If we have enough girls sign up we will do so. If the number of girls is not enough for a girls' league we will join boys and girls. 1<sup>st</sup> and 2<sup>nd</sup> graders will play in gender specific leagues. Girls will play coach-pitch while boys play machine pitch. Coaches will pitch to players in both leagues. Coaches meetings will be held Wednesday, April 22 at 7:00 p.m. League play will begin May 13<sup>th</sup>. These leagues will play Wednesday & Friday evenings.

#### **Pre Kindergarten Baseball**

**Start Smart Baseball – Early Registration deadline is Wednesday, April 8<sup>th</sup>.** \$30 includes shirt and hat. - Start Smart baseball is a clinic style program organized to teach proper skills vital to the sports of baseball and softball. This program requires the accompaniment of a parent or sibling over 15 years of age. This is a 10 session program with a different focus at each session. Program begins April 21<sup>st</sup>. Participants will learn to throw, catch and hit in a safe and fun atmosphere. The final 5 sessions will include scrimmage games. This will be a Tuesday / Thursday evening program, 6:00 to 7:00 p.m. **This is where every big leaguer should start their career!** 

#### Salem Riding Arena

Groups or clubs interested in using the Salem Riding Arena should contact the Salem Recreation Office for user information as well as rental rates. A free riding time will be available to Salem Residents Monday through Thursday from 10:00 a.m. to 1:00 p.m. During this time block riders may ride and work out their horses. No roping or poles will be allowed during the riding block.

Riding clubs, roping clubs and renters must have a group insurance policy prior to rental of the facility.





#### **Salem Youth Track Club**

*New!* Salem Recreation will sponsor a youth track club for boys and girls 3<sup>rd</sup> to 8<sup>th</sup> grade. This club will practice 2 to 3 times a week and participate in meets against clubs from all over Utah County. Practices will be held at Salem Hills High School beginning the first week of May. Meets will be held at various Utah County High Schools. It will be the responsibility of parents to transport their child to and fro. Registration for this program is \$30 and includes a track club tank top. Early registration deadline is Tuesday, April 28<sup>th</sup>.



The Youth Fishing Program is open to youth 5 years old to 13 years old. This program is a joint venture between Salem Recreation and the Division of Wildlife Resource. The program focuses on educating youth about fishing and aquatic resources. Each participant should provide their own pole. This is a 6 week program. All participants will receive a Salem Fishing Club t-shirt. First meeting date is April 1<sup>st</sup>.

## SALEM PEE WEE TENNIS

This program is set to introduce and teach the skills of tennis to youth Kindergarten to 6<sup>th</sup> grade. Skill development will be the main focus while rules and game format are taught. Two age based classes will be offered; K to 3<sup>rd</sup> grade and 4<sup>th</sup> to 6<sup>th</sup>. Equipment (balls & youth racquets) for this program will be provided by Salem Parks & Recreation. This program will meet on the Salem Hills High School Tennis Courts. **Participants will receive a T-shirt and Ten 1 hour classes**. Early sign-ups will be until June 2<sup>nd</sup>. After the 2<sup>nd</sup> a \$10.00 late fee will be added. Space is limited in this program. Fee: \$30.00 a \$5.00 non-resident fee will be charged for this program.

K to  $3^{rd}$  grade = 9:00 to 10:00 a.m  $4^{th}$  to  $6^{th}$  grade = 10:00 to 11:00 a.m.



 $\begin{array}{l} Session \ 1-June \ 8^{th} \ to \ 19^{th} \ (weekdays) \\ Session \ 2-July \ 6^{th} \ to \ 17^{th} \ (weekdays) \end{array}$ 





Salem City Recreation 60 North 100 East Salem, Utah 84653

# **Adult Tennis Lessons**

Classes will be offered for adults wanting to learn to play or improve their tennis game. Participants must be at least 18 years of age. Adult Tennis is a great form of exercise and recreation. Both males and females are encouraged to pick up their racquet and join this class. Instruction will be given by Coach Ralph Jamsa and Colton Semershiem. This will be a 4 week program starting July 7<sup>th</sup>and finishing July 30<sup>th</sup>. All classes are scheduled for Tuesday & Thursday evening, 8:00 to 10:00 p.m. **New Court lights!** Early registration deadline is July 1<sup>st</sup>. Participation fee of \$40.00 should be paid prior to start of classes. A \$5.00 non-resident fee will be charged for this program.

Session 1 (July 7<sup>th</sup> – July 30<sup>th</sup>) Tuesday & Thursday

# **TEEN TENNIS - Camps and Lessons**

Two summer camps will be offered for 7<sup>th</sup> through 12<sup>th</sup> grade boys and girls. **Navy Camp** - Will be run by Coach Ralph Jamsa, June 1<sup>st</sup> – June 9<sup>th</sup>. Camp times will be 7:00 to 9:00 a.m. **Columbia Camp** – Will be run by Coach Karl Ward, June 22<sup>nd</sup> – July 15<sup>th</sup>. Camp times will be 7:00 to 9:00 a.m. Camps will be held on Salem Hills High School Courts.

Private lesson for teenaged players can be arranged with either coach. For more information on teen programs contact Coaches Jamsa or Ward. 801-423-3200



# **HERSHEY'S Track Meets**

Boys and Girls from the three Salem Elementary schools and also Liberty Academy will participate in the 2009 Hershey's track meets on May  $5^{th}$  for  $3^{rd}$  and  $4^{th}$  grades and May  $12^{th}$  for  $5^{th}$  and  $6^{th}$  grades. Both meets will start at 9:15 a.m. on the above scheduled dates. Age groups will alternate through each event with both days of events ending with relays somewhere around 1:30 p.m. Parent volunteers are need from each school. If you plan to attend and would like to help out please contact your school principal.

# Salem Hills Youth Basketball Camp

Grades: 3<sup>rd</sup> and 4<sup>th</sup> grade - **Dates: June 2, 3, 4** -9:00 a.m. to 10:00 a.m.

Cost: \$35.00- price includes shirt

**Description:** Players will be introduced to the fundamentals of basketball and have opportunity to practice and develop skills through drills and games. They will be working on dribbling, shooting, and passing. The players will be able to gain confidence and fundamental skills in a fun and hands on atmosphere.

Coaches: Salem Hills Basketball coaching staff along with members of the current basketball team. Payment can be made to the Salem Hills High school financial office. Payment and sign up before May 25<sup>th</sup>

# Salem - Martial Arts Program

Session A	June 8 _ July 8 (Monday / Wednesday)
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Session B	June 9 – July 9 (Tuesday / Thursday)
Session C	July 13 – August 12 (Monday / Wednesday)
Session D	July 14 – August 13 (Tuesday / Thursday)

Location: Maple Mountain Martial Arts 144 North Main Street in Spanish Fork.

Class Times: Classes will be held twice a week for five weeks. There will be nine lessons and a graduation in each session. All classes will start at 9:30 a.m. and end at 10:15 a.m.

**Students** will learn basic martial art skills in this course. Basic stances, blocking techniques, kicking, and hand striking techniques will be covered. Students will also learn essential self protection and self defense skills. Classes will be dynamic and high energy with a low instructor to student ratio. Important concepts in martial art philosophy will also be covered such as courtesy; respect; proper martial art behavior; citizenship in the home and community; the six qualities of a champion; student pledges and creeds; and basic martial art traditions will also be taught to each student.

The **objectives** of the course are to help students who have never had martial art skills learn about the martial arts and gain basic self defense skills. In addition, the course is designed to teach proper respect, leadership and character development skills to each student. There will be a graduation at the end of the course that parents may attend. At this graduation, these skills will be demonstrated. Students may repeat sessions if desired. **Cost: \$50** 

Sign up at the Salem Parks & Recreation Office

# Stranger Danger - Martial Arts (Mom & Me)

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Session A	June 1-5 from 9:00	a.m. to 9:45 a.m.	
Session B	June 1-5 from 10:0	00 a.m. to 10:45 a.m.	

This exciting self defense course is designed for children who are 5-7 years old. They must be accompanied by a parent who will participate in the course with them. Participants will learn important self defense skills such as: stranger danger, evasion skills, escapes from grabs and chokes, and basic blocking and striking skills. They will also learn to use "common sense before self defense." Discipline, courtesy, teamwork, and respect will also be taught throughout the program. **Cost: \$25 - Sign up at Salem** 

Parks & Recreation.

**Program Location: Salem Community Center** 

# Salem Hills (2 month) Basketball Camp

Dates:	May 5, 6, 12, 13, 19, 20, 26	May 4 pm to 5 pm
Times:	June 2, 3, 4, 16, 17, 18, 23, 24	June 8 am to 9 am

Ages:  $5^{th}$ ,  $6^{th}$ ,  $7^{th}$ ,  $8^{th}$ ,  $9^{th}$ ,  $10^{th}$  grades. (Grade that you are going to be in next year) Players will be divided and worked with according to age.

Cost: \$ 190.00 (price includes new ball and a shirt) Place: Salem Hills High School

Description: Over the two month period players will learn and practice the fundamental skills of dribbling, shooting, passing, and defense, through games and drills and will have the opportunity to develop and fine tune specific aspects of their game. This camp will help players understand and develop the skills they need to play high school basketball and beyond. **Coaches**: Jimmy DeGraffenried, Kenneth Roberts, Jug Jacklin, Philip DeGraffenried, Jim Griffin, along with the current high school players. **Payment can be made to the Salem Hills High Financial office. Payment and sign up by April 25<sup>th</sup>** 

Director Matt Marziale 423-1035





Salem City Recreation 60 North 100 East Salem, Utah 84653

# **Summer Camps**

**Girls Softball Camp** – June 8<sup>th</sup> to the 11<sup>th</sup>. For Girls grades 3<sup>rd</sup> to 9<sup>th</sup>. This 4 day camp will be run by Coach Danielle Ryan and her staff. Focus will be pitching, hitting and fielding. Cost \$20.00 which includes a camp T-shirt. Sign up today at Salem Parks & Recreation. This camp will be held at Loafer View Recreation Complex.

**Boys Baseball Camp -** June 8<sup>th</sup> to the 11<sup>th</sup>. For Boys grades 3<sup>rd</sup> to 9<sup>th</sup>. This 4 day camp will be run by Coach Scott Haney and his staff. Focus will be pitching, hitting and fielding. Cost \$20.00 which includes a camp T-shirt. Sign up today at Salem Parks & Recreation. This camp will be held at The Downtown Ball Park.

**Sports Skills Camp** – Boys and girls 6 years of age to 12 years of age. This camp will teach running, jumping, coordination and competitive focus in a fun and interactive environment. Each day will have skill training, form adjustment and skills competition. The camp will be run by Salem Recreation Staff. Campers will receive a daily beverage and snack. This camp will be held June 15<sup>th</sup> to June 19<sup>th</sup>, 5 days.

Group 1	11 & 12 years	8:30 to 10:00
Group 2	9 & 10 years	10:00 to 11:30
Group 3	6, 7 & 8 years	11:30 to 1:00

# **Summer Soccer Camp**

Coach Lee Gillie of Salem Hills High will conduct his summer soccer camp July 27<sup>th</sup> to the 30<sup>th</sup> (4 days). Training will start at 8:00 a.m. for boys and girls going into 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grades. 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> graders will meet at 9:30 and go to 11:00 a.m. Coach Gillie will focus on ball handling, passing and movement drills in this camp. Cost is \$20.00 and includes a T-shirt. Sign up at Salem Recreation office today.

#### Flag Football Camp

August 3<sup>rd</sup> to August 7<sup>th</sup>

This 5 day camp will teach participants the object of flag football. Passing, catching and flag pulling will be taught while participants learn to work as a unit offensively and defensively. Camp time will be 8:30 a.m. to 10:00 a.m. at Loafer View Recreation Complex. BYU players will participate with our youth one day of camp. Cost \$15.00 – including a camp t-shirt.

# **Youth Tackle Football**

Salem will offer recreation tackle football for grades 6<sup>th</sup>,

7<sup>th</sup> and 8<sup>th</sup>. These age groups will participate in grade specific teams that compete in the Nebo Football league. The league is made up of teams form Salem, Spanish Fork, Springville and Payson. Each team will play 10 league games which will begin in late August. Registration for tackle football should be done by July 16<sup>th</sup> to receive the early fee (\$65.00). All players will be included in the tackle football camp as part of their league registration. Team selection will take place the first week of August. This is a great league to start your football experience. Late fee is \$75.00

# **Tackle Football Camp**

Coach Monte Morgan of Salem Hills High will run a two week conditioning and skills camp for all Salem youth tackle football players. Camp is included as part of the registration fee and a must to be prepared for the season. Camp dates are July 28<sup>th</sup> to August 6<sup>th</sup>, weekdays.

# 9<sup>th</sup> Freshman Football

2009 will be the second year of 9<sup>th</sup> grade Skyhawk football. Youth that desire to play should make contact with Coach Anthony Bowden in late May to find out about conditioning and weight lifting. Registration to play should be paid by July 17<sup>th</sup> to receive the early fee of \$135.00 (Practice Jersey included). This team will participate in the Utah County Cougar Conference.

# **Youth Flag Football**

Flag football will be played on Tuesday & Thursday evenings for boys and girls that desire to play. Leagues are offered for 3<sup>rd</sup> & 4<sup>th</sup> graders and an older league for 5<sup>th</sup> & 6<sup>th</sup> graders. All games will be played in the evening at Loafer View Recreation Complex. Early registration deadline is July 23<sup>rd</sup>. Cost is \$25.00 if paid by early deadline.

#### Women's Flag Football

New! Utah Counties first women's flag football league. Moms it is time to show your little ones how to play. This league will play Tuesday evenings starting in September and finishing the end of October. All players must be out of high school. Tackling, blocking and physical contact will be strongly regulated. Get your friends together and form a team. Team registration fee is \$180 which will provide 8 games and playoffs. 8 players will be on the field for each team. Earl Registration deadline is August 20<sup>th</sup> with a mandatory coaches meeting on August 25<sup>th</sup>, 7:00 p.m. A \$5.00 non-resident fee will be charged to all non Salem participants.

#### Men's Flag Football

Salem will offer a Men's Flag Football League that will start play in mid September. Look for more information on line at <a href="https://www.salemcity.org">www.salemcity.org</a>

#### Adult Fall Coed Softball

Adult teams comprised of men and women will step up to the plate Wednesday evening at Loafer View Park. Teams will play a 12 game schedule over 9 weeks. Some evenings will include double header action. Space is available for 18 teams, which will be split into two leagues based on skill level and desired competition level. Rosters will allow 16 players per team. All players must be listed on the team roster in-order to play in games. League play will begin Wednesday, April 22<sup>nd</sup>. A post season tournament will complete the season.

**Registration Dates:** Early registration will take place on or before July 18<sup>th</sup>. Registration fee is \$350 per team with \$5.00 Non resident fees charged for all non Salem residents.

## Salem Days Coed Softball Tournament

Mark you calendar now for the famous Salem Days Softball Tournament. This coed tournament continues to be a favorite of local teams as well as visiting teams. Tournament dates are August 6<sup>th</sup> & 7<sup>th</sup>, with all games played at Loafer View recreational complex. Team fee is \$150 per team and should be paid prior to July 17<sup>th</sup>. Get the team ready and come play. This is a non sanctioned tournament.

# **Coaches Discount Policy - 10/15/08**

Salem Parks & Recreation offers various youth sports programs. Each program is organized and maintained by recreation staff. Coaching for all youth sports is done by volunteer coaches. Coaches are selected from a pool of volunteers, including solicitations of parents of participants.

Volunteer coaches will receive a \$20 or \$30 dollar voucher at the conclusion of the sport coached. These vouchers can be used for future registrations. The amount of the voucher is dictated by the sport each volunteer coaches in. \$20 voucher will be issued for all programs with an early fee of \$25 or less. The \$30 will be issued for all programs will an early fee cost of \$26 or more.

The voucher system is by no means an avenue for payment or compensation of the coach's time. It is a simple thank you and acknowledgement of the coach's time and efforts. It is our belief that the majority of coaches volunteer to spend time with their child as well as the youth of our community.

#### Non Resident Fees

A \$5.00 non resident fee will be charged for all programs. Non residents are individuals that do no live inside Salem City Limits.

Web Site: Look for more information online at <a href="www.salemcity.org">www.salemcity.org</a>
Rain out and weather updates will be posted daily during baseball season. Standings and League schedules will be updated and posted online.

#### Salem City Library - Newly Remodeled

Come visit the newly remodeled Library and see what we have added. More books, media materials and new computers. Weekly story time Mondays at 10:30 a.m.

#### **Operating Hours:**

Mondays	10:00 a.m. to 6:00 p.m.
Tues. Wed. & Thurs.	10:00 a.m. to 7:00 p.m.
Friday	2:00 p.m. to 5:00 p.m.
Saturday	10:00 a.m. to 2:00 p.m.