

SALEM CITY RECREATION PROGRAMS SECTION

Office Hours: Monday – Thursday 8:00 a.m. – 5:00 p.m.
 Friday 8:00 a.m. – 12:00 noon
 60 NORTH 100 EAST SALEM, UTAH
 801-423-1035

Matt Marziale — Parks and Recreation Director
 Michelle McKean — Office Manager
 Jessica Kallas — Office Clerk



PLEASE REMEMBER YOU CAN REGISTER BEFORE THESE DATES:
A \$5.00 FEE WILL BE CHARGED FOR NON-RESIDENTS

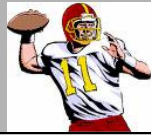
| PROGRAM | REGISTRATION DATES |
|--|---|
| Tackle Football 6 th , 7 th & 8 th grades | <i>Early deadline: July 16th</i> |
| Flag Football 3 rd to 6 th grades | <i>Early deadline: July 23rd</i> |
| Wood bat Baseball Tournament – Men | <i>Deadline: August 7th</i> |
| August - Hunter Safety (Aug 10 th – 19 th) | <i>Deadline: August 7th Space is limited.</i> |
| Fall Pee Wee Tennis (Aug 17 th - 28 th) | <i>Early deadline: August 10th</i> |
| 9 th grade Girls Cheer (Tackle FB) | <i>Early deadline: August 20th</i> |
| 6 th – 8 th Girls Cheerleading (Tackle FB) | <i>Early deadline: August 24th</i> |
| Men's Flag Football | <i>Team deadline: August 20th</i> |
| Women's Flag Football | <i>Team deadline: August 20th</i> |
| Youth Soccer K to 8 th grades | <i>Early deadline: August 14th</i> |
| Girls Volleyball (6 th – 9 th grades) | <i>Early deadline: Sept. 16th</i> |
| Little Kickers Soccer (4 & 5 year olds) | <i>Early deadline: Sept 8th</i> |
| Salem 6 n 6 Soccer Fest (Oct. 20, 21 & 22) | <i>Team registration deadline: October 7th</i> |
| Little League Wrestling (K to 6 th) | <i>Early deadline: October 7th</i> |
| Salem Youth 6 on 6 Soccer Fest. | <i>team registration deadline: October 14th</i> |
| Little Hoopsters – 1 st & 2 nd grade basketball – two sessions | <i>1st session – November (Oct. 22 deadline) 2nd session – January (Jan. 7th deadline)</i> |
| Men's Basketball | <i>Early team deadline: October 20th</i> |
| Women's Volleyball | <i>Early team deadline: October 21st</i> |
| Adopt a Tree Program | <i>Sign up date: Oct. 28th</i> |
| Youth Basketball | <i>Early registration deadline: Nov 4th & 5th</i> |
| Hunter Safety | <i>December & January</i> |
| Women's Indoor Soccer | <i>Info on line in November</i> |
| Winter Softball Tournament | <i>January 2nd</i> |
| Tyson Brummett – Pitching Clinic | <i>Info on line in November</i> |
| Vipers Freestyle Wrestling | <i>Early Registration Deadline: Jan. 4th</i> |
| Women's Morning Zumba (Sept. & Oct.) | <i>Info on line middle of August</i> |

Web Site: www.salemcity.org

E-mail: matt@utahsp perfectgame.com

Information for the Salem Riding Arena can be found @
 Salem Parks & Recreation, 801-423-1035

**Director
Matt Marziale
423-1035**



**Salem City Recreation
60 North 100 East Salem,
Utah 84653**

SALEM CITY RECREATION PROGRAMS AND ACTIVITIES SECTION

Youth Tackle Football

Salem will offer recreation tackle football for grades 6th, 7th and 8th. These age groups will participate in grade specific teams that compete in the Nebo Football league. The league is made up of teams from Salem, Spanish Fork, Springville and Payson. Each team will play 10 league games which will begin in late August. Registration for tackle football should be done by July 16th to receive the early fee (\$65.00). All players will be included in the tackle football camp as part of their league registration. Team selection will take place the first week of August. This is a great league to start your football experience. Late fee is \$75.00 **It is never to late to sign up!**

9th Freshman Football

2009 will be the second year of 9th grade Skyhawk football. Youth that desire to play should make contact with Coach Anthony Bowden in late May to find out about conditioning and weight lifting. Registration to play should be paid by July 17th to receive the early fee of \$135.00 (Practice Jersey included). This team will participate in the Utah County Cougar Conference.

Women's Flag Football

New! Utah Counties first women's flag football league. Moms it is time to show your little ones how to play. This league will play Tuesday evenings starting in September and finishing the end of October. All players must be out of high school. Tackling, blocking and physical contact will be strongly regulated. Get your friends together and form a team. Team registration fee is \$180 which will provide 8 games and playoffs. 8 players will be on the field for each team.

Earl Registration deadline is August 20th with a mandatory coaches meeting on August 25th, 7:00 p.m. A \$5.00 non-resident fee will be charged to all non Salem participants.

This league will be based on enjoyment and fun. Pick players who will meet this mind set and come have the time of your life. Each team will need matching shirts with a 10 inch number on the back.

Little Kickers Soccer (4 & 5 year olds)

We will offer a second session of little kickers soccer, starting September 17th. The session will be held Tues/Thurs, 6:00 to 7:00 at the Down Town Ballpark. Early registration deadline is Sept. 8th. Fee is \$30.00 and includes a t-shirt. Little Kicker Soccer is a developmentally appropriate introductory program for children four to five years old that prepares them for organized youth soccer in a fun, non-threatening environment. Parents work one-on-one with their child, practicing a variety of soccer skills while rotating through four skill station: 1. passing 2. dribbling 3. kicking and 4. running/agility. Parents benefit as well, by spending quality time with their child while learning effective techniques for teaching their child proper soccer mechanics and methods that yield desired results. This program is a four week 8 session program.

2nd Grade Flag Football

Salem Parks & Recreation will offer a 2nd grade intro to (flag) football league. This league will be for boys and girls going into the 2nd grade. The league will be set up with a goal of teaching football skills and philosophy. Teams will play games twice a week, Wednesday and Fridays evenings. Prior to each game a skills work out will take place for 10 minutes. Workouts will be focused on catching, throwing and flag pulling. Youth from outside of Salem may sign up for an addition \$5.00. Cost for this league is \$25.00 if paid prior to August 27th. A \$10.00 late fee will be charged after the 7th. Volunteer Coaches are needed. League play will begin September 11th.

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Youth Flag Football

Flag football will be played on Tuesday & Thursday evenings for boys and girls that desire to play. Leagues are offered for 3rd & 4th graders and an older league for 5th & 6th graders. All games will be played in the evening at Loafer View Recreation Complex. Early registration deadline is July 23rd. Cost is \$25.00 if paid by early deadline. League play will begin the week of August 25th.

2nd Grade Flag Football

Salem Parks & Recreation will offer a 2nd grade intro to (flag) football league. This league will be for boys and girls going into the 2nd grade. The league will be set up with a goal of teaching football skills and philosophy. Teams will play games twice a week, Wednesday and Fridays evenings. Prior to each game a skills work out will take place for 10 minutes. Workouts will be focused on catching, throwing and flag pulling. Youth from outside of Salem may sign up for an addition \$5.00. Cost for this league is \$25.00 if paid prior to August 27th. A \$10.00 late fee will be charged after the 7th. Volunteer Coaches are needed. League play will begin September 11th.

Men's Flag Football – fall 2009

What: Salem Park and Recreation is excited to offer a men's flag football league. League play will take place Saturday mornings starting in Mid August and finish with a single elimination playoff the last week of October. Players are encouraged to make their own teams, but may call the recreation office to be placed on team if they do not have one. Team will play a 10 game schedule which will include the first game of the playoffs.

How much: Team fee of \$255 must be paid to Salem Recreation office by August 20th. A \$10.00 late fee will be charged after the 20th. Each team must have a team rep present at the coaches meeting on Tuesday, August 25th. Meeting location will be the Recreation office 8:00 p.m.

When: Season will kickoff Saturday, September 12th.
Teams must have matching numbered jerseys.

Format: This league will play with 8 players on the field. The defense may not rush the QB. A 5 second game timer will be used for offensive plays. This is a non contact league, if you like to play dirty or hit people you will not like this league.

Salem Summer Hunter Safety

We are excited to offer a summer course for youth (10 and older) and adults that need to take Hunter Safety. This course will be held on Monday, Tuesday and Wednesdays, 7 P.M. – 9 P.M., for 6 dates. Class will begin Monday, August 10th 2009 and will be held at the **Salem Civic Center**.



Space is limited to the first 30 registrants. Sign up early.

Participants must attend every class to complete the course.



All Participants must register at the Salem Recreation Office, and pay a \$10.00 registration fee. Once registered participants will be required to purchase a Hunter Safety Voucher/License prior to first class. Licenses may be purchased for \$10.00 at any location that sells hunting licenses.

This course will be instructed by Colby Davis.

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Men's Baseball (Wood bat) Tournament

This event is a 3 game guarantee for men's baseball teams. Team will play 3 pool games with winners advancing to semi's and championship games.

Cost per team: \$265.00

Games played at: Salem Loafer View complex (300 foot Fence) and Salem Hills High School (MLB Size)

Dates: August 13th, 14th and 15th. First two days evening games. Saturday play will be afternoon / evening.

Registration Deadline: August 10th, 5:00 p.m. (You must pay to be registered)

For **more information** or with question call 801-423-1035. **Player Eligibility rules:** No current college players. All player must be 18 years or older. **Old men this pitch is for you.**



SALEM PEE WEE TENNIS

This program is set to introduce and teach the skills of tennis to youth Kindergarten to 6th grade. Skill development will be the main focus while rules and game format are taught. Two age based classes will be offered; K to 3rd grade and 4th to 6th. Equipment (balls & youth racquets) for this program will be provided by Salem Parks & Recreation. This session will be held August 17th to the 28th after school. Early sign-ups will be until August 10th. After the 10th a \$10.00 late fee will be added. Space is limited in this program. Fee: \$30.00 a \$5.00 non-resident fee will be charged for this program.



Instruction for this program will be given by Colton Sermersheim.

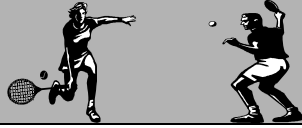
6-8 Grades Cheer

Learn Cheers, Stunts, and Chants & Dances at Spirit Camp. Then yell, jump and cheer your team to victory with Salem Youth tackle Football. Camp will be August 25, 27 & 29th. Camp will be held at Salem Elementary. Following camp, cheer squads will be assigned to Salem youth tackle teams to cheer for. Fee \$50.00 includes uniform. Register at Salem Recreation, early deadline is August 20th. A late fee will be charged after the 20th.

9th Grade Girls Cheerleading

Learn Cheers, Stunts, and Chants & Dances at Spirit Camp. Then yell, jump and cheer your team to victory with Salem 9th Grade Football. Clinic/Tryout Week of August 24th to 28th. Parents meeting August 24th, 6:00 p.m. Clinic Dates: 25- 27 6:00 -8:00 p.m. Meeting and clinic will be held at Salem Elementary. Squad Tryouts: August 28th, 5-8 pm. Clinic Fee \$30.00 Girls who make the 9th grade cheer squad will also need to pay \$75.00 for uniform and pom-poms. Squad will cheer at 9th grade football games. Register at Salem Recreation, early deadline is August 20th. A late fee will be charged after the 20th.

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Salem Fall Youth Soccer

Youth Soccer for boys and girls Kindergarten to 8th Grade. Team will be organized in mid-August and begin play after Labor Day. Each league will play 11 scheduled games. The season will cover part of August all of September and the beginning of October.

Early registration deadline is Friday, August 14th. A \$10.00 late fee will be charged after the 14th. Soccer Coaches Meetings will be Tuesday, August 18th.



League nights:

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| Kindergarten, 1 st & 2 nd grades | Tuesday & Thursday evenings |
| 3 rd to 8 th grades | Wednesday & Fridays |

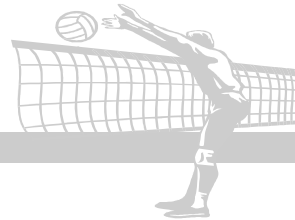
Fees: K- 2nd = \$25.00

3rd to 8th = \$30.00

(If we have enough participants we will divide leagues by gender)

Soccer Coaches and officials are needed. Please contact the recreation office.
Refs should be 9th grade or older.

Salem Youth Volleyball Instructional Course (6th to 9th grades)



October 2nd - November 6th

Wed. & Fri. 6:30 - 8 pm

FEE \$35.00

Shirt is included with fee (Register at Salem Parks & Recreation)

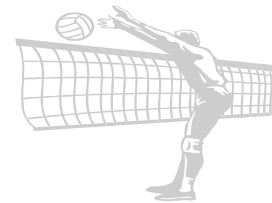
Early registration deadline is Sept. 16th

A \$10 late fee will be charged.

A \$5 non-resident fee will be charged for this program.

Course will be 10 Sessions over 5 1/2 weeks.

Instruction by the Salem Hills Staff



**Director
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423-1035**

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Little League Wrestling

Wrestlers grades Kindergarten to 6th grade should sign up now. Wrestling camp is scheduled for October 20th and 21st. Camp is included as part of the league fee and will be instructed by Coach Brindley and his staff. Teams will be divided and begin practicing after camp is completed. Wrestling matches and practices will be held Tuesday, Wednesday and Thursday evenings. Wrestlers who desire to attend tournaments will be supplied with tournament information. Sign up at Salem Parks & Recreation office. [Early registration deadline is October 7th](#). [Wrestlers will be weighed at camp. Weight will be used for matchups throughout the year.](#)

[Camp will be held in the Salem Hills High School wrestling room. Please enter through the Northwest doors. Camp is included in the registration fee. Camp is two evenings.](#)

[K to 2nd grade—6:30 to 7:30](#)

[3rd to 6th grade—7:30 to 8:30](#)

Salem 6 on 6 Soccer Fest

6 on 6 youth soccer tournament. This event is an open tournament for travel teams, clubs and friendly teams. 6 divisions of play: Girls 10u, 11u, 12u & Boys 10u. 11u & 12u will play the following week, October 27, 28 & 29. Teams are guaranteed 4 games over the first two evenings of play, October 20th & 21st. Semifinals & Finals will be played October 22nd. Rules; 6 players on the field at one time, goalie included. Two 20 minute halves. No off sides. Field Size 70 yards X 50 yards. The game is very similar to futsal. Great for working on ball movement, passing and getting shots off quickly. **Team fee \$175.00 paid by October 1st. \$200.00 after the first.** Fees will be used for awards and improvement of Salem Youth Soccer facilities. *Come play with us!*

Salem Parks & Recreation 2008 Men's Winter Basketball

League Information

Salem City will offer men's basketball league this fall/winter season. The league will be divided into two division of play, Upper and Recreational. 8 spots will be available in both leagues. Teams should sign up in the league that is appropriate to their team's ability. All players must be out of High School, at least 18 years old.

Fees per team

Cost will be **\$425** per team if paid by Tuesday, October 20th.

After October 20th team fees will be **\$450.00**

A **\$5.00 non resident fee** will be charged for all non-Salem residents.

Teams will play 12 league games.

Two nights of practice games.

A post season tournament, the 1st week of March.

Games

All games will be played at Salem Hills High School.

Practice games begin October 28th.

Only players listed on the official team roster may play in games.

Team will provide their own matching jerseys or t-shirts. No shirt "No Playing" service!

League Play will begin Wednesday, November 4th. The majority of games will be played on Wednesday evenings. A few games will be played on Thursday evenings.



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| Director Matt Marziale 423-1035 |  |  | Salem City Recreation 60 North 100 East Salem, Utah 84653 |
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Soaring Hoopsters - 1st & 2nd Grade basketball

Soaring Hoopsters Fall Session will be available for boys and girls who are in 1st and 2nd grade. This is a clinic style introductory program using fun activities to teach proper mechanics and skills. The program helps young players progress in their basketball development. This 5 week program will begin Nov. 3rd at Salem Elementary School. Sessions will be held on Tuesdays and Thursdays for 1 hour. There will be two (2) sessions to choose from, (6:00 or 7:00pm). 32 spots in each. Early registration deadline is October 22nd.

Cost will be \$30.00 (includes T-shirt) space is limited, so be sure to register early.

Women's Volleyball League

Women's volleyball will be a new program this year offered to women age 18 and older. Two divisions will be offered with space for 8 teams in each. Leagues will be divided based on ability, upper and recreational. Registration will be a team fee of \$225.00 if paid by Monday, October 21st. After the 21st team fees will become \$250 per team. An additional \$5.00 will be charged for team members that are not residents of Salem. League play will be held at Salem Hills High School, league action will begin November 2nd. Both divisions will play Monday evenings. Team representatives will be required to attend the team organizational meeting Wednesday, October 28th at 7:00 p.m.

Salem Riding Arena

Groups or clubs interested in using the Salem Riding Arena should contact the Salem Recreation Office for user information as well as rental rates. A free riding time will be available to Salem Residents Monday through Thursday from 10:00 a.m. to 1:00 p.m. During this time block riders may ride and work out their horses. No roping or poles will be allowed during the riding block. Riding clubs, roping clubs and renters must have a group insurance policy prior to rental of the facility. More information can be found on line at www.salemcity.org

Winter Hunter Safety

Two winter courses will be offered by Salem Parks & Recreation. Cost for this course will be \$10.00 which will be paid at the Salem Parks & Recreation office. More information will be posted on line in November. Class members will also need to purchase the DWR \$10.00 hunter safety licenses. Both winter courses will be instructed by Duane Hill.

**Director
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423-1035**



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Salem Parks & Recreation Vipers Freestyle Wrestling Team

For: Wrestlers interested in participating in the Winter Freestyle Program. This team is for wrestlers 2nd thru 8th grades The team will travel all over Utah & Salt Lake Counties. A USA Wrestling Card will be required for most weekend tournaments. This team will be a competitive team that works to improve wrestling skills while competing against some of the top wrestlers throughout the State. Practice dates will be **Tuesday, Wednesday & Thursdays** 6:00 to 7:30 p.m. at Salem Hills High School.

Tournaments will be held on Weekends.

Coaches: Bryan Van Tassell and volunteer parents

Fee: \$45.00 to be paid at Salem Parks & Recreation

Start Date: First Practice, Thursday – January 7th

USA Card: Wrestlers will need to purchase their own card.

Sign Up: *Early Registration deadline; January 4th, 2009*

Apparel: Team T-shirt will be included with registration. Other apparel will be available for purchase.

Soaring Hoopsters II

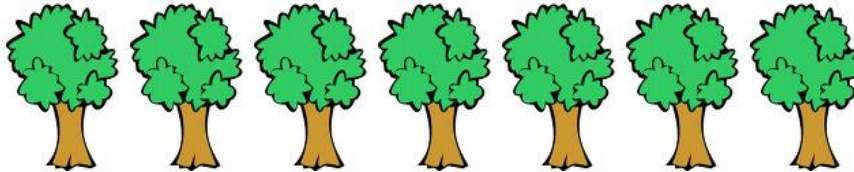
1st & 2nd Grade basketball

Soaring Hoopsters Winter Session will be available for boys and girls who are in **1st and 2nd grade**. This is a clinic style introductory program using fun activities to teach proper mechanics and skills. The program helps young players progress in their basketball development. This 5 week program will begin Jan. 19th at Salem Elementary School. Sessions will be held on Tuesdays and Thursdays for 1 hour. There will be two (2) sessions to choose from, (6:00 or 7:00pm). 32 spots in each. Early registration deadline, January 7th.

Cost will be \$30.00 (includes T-shirt) space is limited, so be sure to register early.

Salem Adopt a Tree Program

Salem Parks & Recreation will sponsor the 2nd annual family adopt a tree day. This program is set up to allow families or donors to purchase a tree -15 to 20 feet tall - that will be planted at one of the ball parks located here in Salem. Cost per tree is \$250 and will include a marker that will be placed at the base of the tree to commemorate or memorialize the tree donor. This program is a great opportunity to beautify our parks while starting a family tradition / heritage. Trees will be planted the first week of November, with holes being prepared by Salem City Parks crews. Trees will be purchased by the City Parks Department and delivered to designated locations. Families will have the option to plant their tree or have the City Parks Crew do it for them. For more information or to order **your family tree**, call Matt Marziale at Salem Parks & Recreation, 423-1035.



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Adult Winter Softball Tournament

Break out the bat and glove, find some friend and come celebrate the New Year in the snow. Yes, it is time for some snow softball, Saturday, January 2nd. The party can move out to the snow covered diamond as you and your friends try to play the sport of summer in the conditions of winter. Team fee is \$150.00 and should be paid at the Salem Recreation office, 423-1035. Teams maybe made up of males, females and a mix of both. Sometimes you have to work to find 10 crazy people. Games will begin at 9:00 a.m. and play until tournament is complete. A player draw dog sled race will be part of the festivities as well as a snow ball throw. Team commitment deadline is December 28th. ***This is a great family holiday event!***

Coaches Discount Policy - 10/15/08

Salem Parks & Recreation offers various youth sports programs. Each program is organized and maintained by recreation staff. Coaching for all youth sports is done by volunteer coaches. Coaches are selected from a pool of volunteers, including solicitations of parents of participants.

Volunteer coaches will receive a \$20 or \$30 dollar voucher at the conclusion of the sport coached. These vouchers can be used for future registrations. The amount of the voucher is dictated by the sport each volunteer coaches in. \$20 voucher will be issued for all programs with an early fee of \$25 or less. The \$30 will be issued for all programs with an early fee cost of \$26 or more.

The voucher system is by no means an avenue for payment or compensation of the coach's time. It is a simple thank you and acknowledgement of the coach's time and efforts. It is our belief that the majority of coaches volunteer to spend time with their child as well as the youth of our community.

Non Resident Fees

A \$5.00 non resident fee will be charged for all programs. Non residents are individuals that do not live inside Salem City Limits.

Web Site: Look for more information online at www.salemcity.org

Rain out and weather updates will be posted daily during baseball season.

Standings and League schedules will be updated and posted online.

Salem City Library –

Come visit the newly remodeled Library and see what we have added. More books, media materials and new computers. Weekly story time Mondays at 10:30 a.m.

Operating Hours:

| | |
|--------------------------------|-------------------------|
| Mondays | 10:00 a.m. to 6:00 p.m. |
| Tues. Wed. & Thurs. | 10:00 a.m. to 7:00 p.m. |
| Friday | 2:00 p.m. to 5:00 p.m. |
| Saturday | 10:00 a.m. to 2:00 p.m. |