

# Salem Parks & Recreation

## Youth Indoor Soccer

## Rules

The game is played on a hard wood floor with a futsal ball. The focus is to encourage players to use skills rather than ball bouncing or long kicks. Indoor play will provide youth players with the opportunity to develop quicker reflexes, faster thinking and pinpoint passing. It is a superior game to that of regular field soccer when it comes to touch and technique.

Sidewalls are played as part of the inbounds play area. Players may use the wall to pass off of or to advance the ball up court. Use of the side walls will remove the need of throw-ins.

1. **Game time:** Teams will play two 20 minute halves. Each team will have one time out per game.
2. **Equipment:** Players must wear shoes. Tennis shoe / sneakers will be worn for indoor play. No cleats. Players are encouraged to wear shin guards. All players will be issued a team shirt to be worn for games.
3. **Substitution:** Players may sub at anytime during the game. Subs may not enter the floor until the player they are replacing has exited the floor.
4. **4 players** will be on the floor at one time. No goal keeper will be used in this league. There is no offside's in indoor soccer.
5. **No slide tackling** allowed. Slides will be blown dead and called as a foul. Resulting in a free, direct kick.
6. **The Crease.** The area in front of the soccer goal is known as the crease. The crease area is a dead play area for offensive players. This means that no offensive players can shoot or deflect a shot inside the crease. The offensive player may dribble through the crease, but not shoot in it. The crease will use the two parallel running foul lines and have a top line added at ten feet. A handball against the defense inside the crease will result in a freekick Pk from the top of the key arch.
7. **Floor Play:** The focus of indoor is passing and quick touches. Players are encouraged to keep the ball low to the floor. Any ball that touches the ceiling will be blown dead and marked for a free kick by the other team.
8. **Back line or baseline:** The back line will be played as out of bounds. A ball kicked out by the offense will be placed anywhere inside the crease for a goal kick. A ball kicked out by the defense will be placed near the corner of the side it exited and restarted with a corner kick.
9. **Contact rules:** Standard contact rules apply; i.e. ball contact must be made during a play on the ball, no charging with hands or elbows, no charging from behind, no holding the opponent etc. Players should look to release the ball to a teammate in indoor play, rather than play one on one and face physical challenges from defenders. The name of the game is quick ball movements. Defenders must focus on ball contact in all defensive play.
10. **All Kick will be direct kicks.** All free kicks and goal kicks will be direct kicks. Meaning, the player that kicks the ball may score off the first kick.