

Salem Parks & Recreation  
Men's Flag Football – Fall 2009

**What:** Salem Park and Recreation is excited to offer a men's flag football league. League play will take place Saturday mornings starting in Mid August and finish with a single elimination playoff the last week of October. Players are encouraged to make their own teams, but may call the recreation office to be placed on team if they do not have one. Team will play a 10 game schedule which will include the first game of the playoffs.

**How much:** Team fee of \$275 must be paid to Salem Recreation office by August 10<sup>th</sup>. A \$10.00 late fee will be charged after the 10<sup>th</sup>. Each team must have a team rep present at the coaches meeting on Thursday, August 13<sup>th</sup>. Meeting location will be the Recreation office 8:00 p.m.

**When:** Season will kickoff Saturday, August 22<sup>nd</sup>. Teams must have matching numbered jerseys.

**Format:** This league will play with 8 players on the field. The defense may not rush the QB. A 5 second game times will be used for offensive plays. This is a non contact league, if you like to play dirt or hit people you will not like this league.