

SALEM CITY RECREATION PROGRAMS SECTION

Office Hours: Monday – Thursday 8:00 a.m. – 5:00 p.m.
 Friday 8:00 a.m. – 12:00 noon
 60 NORTH 100 EAST SALEM, UTAH
 801-423-1035



Matt Marziale — Parks and Recreation Director
Michelle McKean – Office Clerk
Jessica Kallas – Office Clerk

PLEASE REMEMBER YOU CAN REGISTER BEFORE THESE DATES:
A \$5.00 FEE WILL BE CHARGED FOR NON-RESIDENTS

PROGRAM	REGISTRATION DATES
Tackle Football 6 th , 7 th & 8 th grades	<i>Early deadline: July 15th</i>
Flag Football 3 rd to 6 th grades	<i>Early deadline: July 22nd</i>
Adopt a Tree Program	<i>Sign up date: Oct. 30th</i>
6 th – 8 th Girls Cheerleading (Tackle FB)	<i>Early deadline: July 22nd</i>
9 th grade Girls Cheer (Tackle FB)	<i>Early deadline: July 22nd</i>
August - Hunter Safety (Aug 30 th – 3 rd)	<i>Deadline: August 7th Space is limited.</i>
Youth Soccer K to 8 th grades	<i>Early deadline: August 16th</i>
Fall Pee Wee Tennis (Aug 30 th - 10 th)	<i>Early deadline: August 18th</i>
Women’s Flag Football	<i>Team deadline: Sept. 6th</i>
Little Kickers Soccer (4 & 5 year olds)	<i>Early deadline: Sept 7th</i>
Girls Volleyball (6 th – 9 th grades)	<i>Early deadline: Sept. 22nd</i>
Men’s Basketball	<i>Early team deadline: October 6th</i>
Little League Wrestling (K to 6 th)	<i>Early deadline; October 12th</i>
Women’s Volleyball	<i>Early team deadline: October 14th</i>
Travel Basketball 3 rd & 4 th	<i>Registration Deadline: October 26th</i>
Adopt a Tree Program	<i>Sign up date: Oct. 30th</i>
Little Hoopsters – 1 st & 2 nd grade basketball – two sessions	<i>1st session – November (Oct. 21 deadline) 2nd session – January (Jan. 7th deadline)</i>
Youth Basketball 3 rd to 12 th grades	<i>Sign-ups Early registration: Nov. 11th</i>
Hunter Safety	<i>December & January</i>
Winter Softball Tournament	<i>January 1st</i>
Tyson Brummett – Pitching Clinic	<i>Register 1st week of December</i>
Vipers Freestyle Wrestling	<i>Early Registration Deadline: Jan. 4th</i>
Women’s Morning Zumba (Sept. & Oct.)	<i>Info on line middle of August</i>

Web Site: www.salemcity.org

E-mail: matt@utahsperefectgame.com

Information for the Salem Riding Arena can be found @
 Salem Parks & Recreation, 801-423-1035

**Director
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**Salem City Recreation
60 North 100 East Salem,
Utah 84653**

SALEM CITY RECREATION PROGRAMS AND ACTIVITIES SECTION

Youth Tackle Football

Salem will offer recreation tackle football for grades 6th, 7th and 8th. These age groups will participate in grade specific teams that compete in the Nebo Football league. The league is made up of teams from Salem, Spanish Fork, Springville and Payson. Each team will play 10 league games which will begin in late August. Registration for tackle football should be done by July 22nd to receive the early fee (\$75.00). All players will be included in the tackle football camp as part of their league registration. Team selection will take place the first week of August. This is a great league to start your football experience. Late fee is \$85.00 **It is never to late to sign up!**

9th Freshman Football

2009 will be the second year of 9th grade Skyhawk football. Youth that desire to play should make contact with Coach Anthony Bowden in late May to find out about conditioning and weight lifting. Registration to play should be paid by July 22nd to receive the early fee of \$140.00 (Practice Jersey included). This team will participate in the Utah County Cougar Conference.

Women's Flag Football

New! Utah Counties first women's flag football league. Moms it is time to show your little ones how to play. This league will play Tuesday evenings starting in September and finishing the end of October. All players must be out of high school. Tackling, blocking and physical contact will be strongly regulated. Get your friends together and form a team. Team registration fee is \$180 which will provide 8 games and playoffs. 8 players will be on the field for each team.

Earl Registration deadline is September 6th with a mandatory coaches meeting on Sept. 9th, 7:00 p.m. A \$5.00 non-resident fee will be charged to all non Salem participants.

This league will be based on enjoyment and fun. Pick players who will meet this mind set and come have the time of your life. Each team will need matching shirts with a 10 inch number on the back.

Little Kickers Soccer (4 & 5 year olds)

We will offer a second session of little kicker's soccer, starting September 11th. The session will be held Tues/Thurs, 6:00 to 7:00 at the Down Town Ballpark. Early registration deadline is Sept. 7th. Fee is \$30.00 and includes a t-shirt. Little Kicker Soccer is a developmentally appropriate introductory program for children four to five years old that prepares them for organized youth soccer in a fun, non-threatening environment. Parents work one-on-one with their child, practicing a variety of soccer skills while rotating through four skill station: 1. passing 2. Dribbling 3. kicking and 4. running/agility. Parents benefit as well, by spending quality time with their child while learning effective techniques for teaching their child proper soccer mechanics and methods that yield desired results. This program is a four week 8 session program.

2nd Grade Flag Football

Salem Parks & Recreation will offer a 2nd grade intro to (flag) football league. This league will be for boys and girls going into the 2nd grade. The league will be set up with a goal of teaching football skills and philosophy. Teams will play games twice a week, Wednesday and Fridays evenings. Prior to each game a skills work out will take place for 10 minutes. Workouts will be focused on catching, throwing and flag pulling. Youth from outside of Salem may sign up for an addition \$5.00. Cost for this league is \$30.00 if paid prior to Sept. 1st. A \$10.00 late fee will be charged after the 1st. Volunteer Coaches are needed. League play will begin September 10th.

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801-423-1035**

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Youth Flag Football

Flag football will be played on Tuesday & Thursday evenings for boys and girls that desire to play. Leagues are offered for 3rd & 4th graders and an older league for 5th & 6th graders. All games will be played in the evening at Loafer View Recreation Complex. Early registration deadline is July 22nd. Cost is \$30.00 if paid by early deadline. League play will begin the week of Sept. 9th.

Girl's Travel League Softball

What: Salem Park and Recreation is excited to offer fall softball for girls teams 10u, 12u & 14u. Players must be on a team to play. Games will be played Tuesday & Thursday evenings in September and the first part of October.

How much: Team fee of \$350.00 must be paid to Salem Recreation office by August 23rd. A \$25.00 late fee will be charged after the 23rd. Each team must have a team rep present at the coaches meeting on Wednesday, August 25th. Meeting location will be the Recreation office 8:00 p.m.

When: Season play will begin August 21st.
Teams must have matching numbered jerseys.

Format: This is an instructional league where coaches will have time to teach and interact with their players. All games will be played in Salem. Games will have one umpire, RMSB umpire.

Salem Summer Hunter Safety

We are excited to offer a summer course for youth (10 and older) and adults that need to take Hunter Safety. This course will be held on Monday, Through Thursday with shooting range on Friday. 6 P.M. – 9 P.M, for 4 dates. Class will begin Monday, August 30th 2010 and will be held at the **Salem Civic Center**.



Space is limited to the first 30 registrants. Sign up early.

Participants must attend every class to complete the course.



All Participants must register at the Salem Recreation Office, and pay a \$10.00 registration fee. Once registered participants will be required to purchase a Hunter Safety Voucher/License prior to first class. Licenses may be purchased for \$10.00 at any location that sells hunting licenses.

This course will be instructed by Colby Davis.

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SALEM PEE WEE TENNIS

This program is set to introduce and teach the skills of tennis to youth Kindergarten to 6th grade. Skill development will be the main focus while rules and game format are taught. Two age based classes will be offered; K to 3rd grade and 4th to 6th. Equipment (balls & youth racquets) for this program will be provided by Salem Parks & Recreation. This session will be held August 30th to Sept. 10th, evening sessions. Early sign-ups will be until August 18th. After the 18th a \$5.00 late fee will be added. Space is limited in this program. Fee: \$35.00 a \$5.00 non-resident fee will be charged for this program.



Instruction for this program will be given by Kade Sermersheim.

Kinder to 3rd. 5:30 – 6:30pm
4th – 6th. 6:30 – 7:30 p.m.

Girls Cheer - Fall Football Season

Youth Cheer (Girls 6th to 9th grade)

Salem Recreation will once again offer a 6th to 9th grade cheerleading program. The program will include a weekly indoor practice and two football games per week starting Sept. [Cheer uniforms will be sold separate from program fee \(\\$100\)](#) Cheer uniforms and pom poms can be reused year to year or sold to younger girls as your cheerleader grows. The program will include instruction, cheer moms and game schedule with a team assignment to one of the Salem youth tackle football teams.

Girls will keep their uniform at the conclusion of the season. Cindie Black Simmons will coordinate this year's program, clinic and volunteer instructors. Registration fee is \$75.00 for 6th – 8th graders, and \$100.00 for 9th graders. *Early registration deadline is July 16th.* \$5.00 late fee will be added. \$5.00 non-resident fee will be charged for this program. The first uniform order will be made on June 11th so register today

Travel League basketball 3rd - 4th Grades



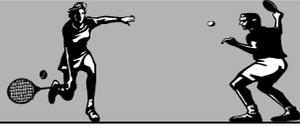
This is a team league. Teams are organized by dads.

All Games will be played at Mt. Loafer Elementary in Salem. First night of scheduled practice will be November 2nd. Teams will play 8 games and also have 4 gym slots scheduled for practices.

All games will be played on a 9 foot basket. Games will be played with High School Federation rules. Zone and press are allowed. Game officials will be supplied by Salem Parks & Rec. Crazy coaches are not welcome.

Cost per team is \$375. Teams will be responsible to provide matching game jerseys. Register by October 26th. Space is limited

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Salem Fall Youth Soccer

Youth Soccer for boys and girls Kindergarten to 8th Grade. Team will be organized the end of August and begin play the Wednesday after Labor Day. Each league will play 10 scheduled games. The season will cover part of August all of September and the beginning of October.

Early registration deadline is Monday, August 16th. A \$5.00 late fee will be charged after the 16th. Soccer Coaches Meetings will be Tuesday, August 31st.

League nights:

Kindergarten,	Wednesday & Friday
1 st & 2 nd grades	Tuesday & Thursday evenings
3 rd to 8 th grades	Wednesday & Fridays

Fees: K- 2nd = \$25.00

3rd to 8th = \$35.00

(If we have enough participants we will divide leagues by gender)

Soccer Coaches and officials are needed. Please contact the recreation office.

Salem Youth Volleyball Instructional Course (6th to 9th grades)



Sept. 29 - November 3rd

Wed. & Fri. 6:30 - 8 pm

FEE \$40.00

Shirt is included with fee (Register at Salem Parks & Recreation)

Early registration deadline is Sept. 22nd

A \$5 late fee will be charged.

A \$5 non-resident fee will be charged for this program.

Course will be 10 Sessions over 5 1/2 weeks.

Instruction by the Salem Hills Staff



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Little League Wrestling

Wrestlers grades Kindergarten to 6th grade should sign up now. Wrestling camp is schedules for October 26th and 27th. Camp is included as part of the league fee and will be instructed by Coach Brindley and his staff. Teams will be divided and begin practicing after camp is completed. Wrestling matches and practices will be held Tuesday, Wednesday and Thursday evenings. Wrestlers who desire to attend tournaments will be supplied with tournament information. Sign up at Salem Parks & Recreation office. [Early registration deadline is October 12th.](#) [Wrestlers will be weighed at camp. Weight will be used for matchups throughout the year.](#) \$40 registration.

Camp will be held in the Salem Hills High School wrestling room. Please enter through the Northwest doors. Camp is included in the registration fee. Camp is two evenings.

K to 2nd grade—6:30 to 7:30
3rd to 6th grade—7:30 to 8:30

Salem Parks & Recreation 2010 Men's Winter Basketball



League Information

Salem City will offer men's basketball league this fall/winter season. The league will be divided into two division of play, Upper and Recreational. 8 spots will be available in both leagues. Teams should sign up in the league that is appropriate to their team's ability. All players must be out of High School, at least 18 years old.

Fees per team

Cost will be **\$425** per team if paid by Tuesday, October 19th.

After October 19th team fees will be **\$450.00**

A **\$5.00 non resident fee** will be charged for all non-Salem residents.

Teams will play 12 league games.

Two nights of practice games.

A post season tournament, the 1st week of March.

Games

All games will be played at Salem Hills High School.

Practice games begin October 27th.

Only players listed on the official team roster may play in games.

Team will provide their own matching jerseys or t-shirts. No shirt "No Playing" service!

League Play will begin Wednesday, November 3rd. The majority of games will be played on Wednesday evenings. A few games will be played on Thursday evenings.



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Soaring Hoopsters - 1st & 2nd Grade basketball

Soaring Hoopsters Fall Session will be available for boys and girls who are in 1st and 2nd grade. This is a clinic style introductory program using fun activities to teach proper mechanics and skills. The program helps young players progress in their basketball development. This 5 week program will begin Nov. 2nd at Salem Elementary School. Sessions will be held on Tuesdays and Thursdays for 1 hour. There will be two (2) sessions to choose from, (6:00 or 7:00pm). 32 spots in each. Early registration deadline is October 21st.

Cost will be \$30.00 (includes T-shirt) space is limited, so be sure to register early.

Women's Volleyball League

Women's volleyball will be offered with space grow. This program is offered to women age 18 and older. Two divisions will be offered with space for 8 teams in each. Leagues will be divided based on ability, upper and recreational. Most of our team play for fun and not for the glory. Registration will be a team fee of \$225.00 if paid by Monday, October 14th. After the 14th team fees will become \$250 per team. An additional \$5.00 will be charged for team members that are not residents of Salem. League play will be held at Salem Hills High School, league action will begin November 1st. Both divisions will play Monday evenings. Team representatives will be required to attend the team organizational meeting Tuesday, October 26th at 8:00 p.m.

Salem Riding Arena

Groups or clubs interested in using the Salem Riding Arena should contact the Salem Recreation Office for user information as well as rental rates. A free riding time will be available to Salem Residents Monday through Thursday from 10:00 a.m. to 1:00 p.m. During this time block riders may ride and work out their horses. No roping or poles will be allowed during the riding block.

Riding clubs, roping clubs and renters must have a group insurance policy prior to rental of the facility.

More information can be found on line at www.salemcity.org

Winter Hunter Safety

Two winter courses will be offered by Salem Parks & Recreation. Cost for this course will be \$10.00 which will be paid at the Salem Parks & Recreation office. More information will be posted on line in November. Class members will also need to purchase the DWR \$10.00 hunter safety licenses. Winter courses will be instructed by Duane Hill.

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Salem Parks & Recreation Vipers Freestyle Wrestling Team

For: Wrestlers interested in participating in the Winter Freestyle Program. This team is for wrestlers 2nd thru 8th grades The team will travel all over Utah Counties. A USA Wrestling Card will be required for most weekend tournaments. This team will be a competitive team that works to improve wrestling skills while competing against some of the top wrestlers throughout the State. Practice dates will be **Tuesday, Wednesday & Thursdays** 6:00 to 7:30 p.m. at Salem Hills High School. Tournaments will be held on Weekends.

Coaches: Bryan Van Tassell and volunteer parents

Fee: \$45.00 to be paid at Salem Parks & Recreation

Start Date: First Practice, Thursday – January 6th

USA Card: Wrestlers will need to purchase their own card.

Sign Up: *Early Registration deadline; January 4th, 2010*

Apparel: Team T-shirt will be included with registration. Other apparel will be available for purchase.

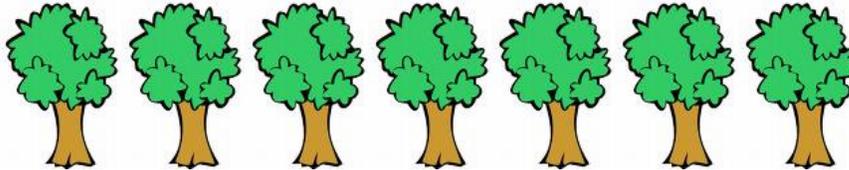
Soaring Hoopsters II 1st & 2nd Grade basketball

Soaring Hoopsters Winter Session will be available for boys and girls who are in 1st and 2nd grade. This is a clinic style introductory program using fun activities to teach proper mechanics and skills. The program helps young players progress in their basketball development. This 5 week program will begin Jan. 18th at Salem Elementary School. Sessions will be held on Tuesdays and Thursdays for 1 hour. There will be two (2) sessions to choose from, (6:00 or 7:00pm). 32 spots in each. Early registration deadline, January 7th.

Cost will be \$30.00 (includes T-shirt) space is limited, so be sure to register early.

Salem Adopt a Tree Program

Salem Parks & Recreation will sponsor the 3rd annual family adopt a tree day. This program is set up to allow families or donors to purchase a tree -15 to 20 feet tall - that will be planted at one of the ball parks located here in Salem. Cost per tree is \$250 and will include a marker that will be placed at the base of the tree to commemorate or memorialize the tree donor. This program is a great opportunity to beautify our parks while starting a family tradition / heritage. Trees will be planted the first week of November, with holes being prepared by Salem City Parks crews. Trees will be purchased by the City Parks Department and delivered to designated locations. Families will have the option to plant their tree or have the City Parks Crew do it for them. For more information or to order **your family tree**, call Matt Marziale at Salem Parks & Recreation, 423-1035.



Director Matt Marziale 423-1035		Salem City Recreation 60 North 100 East Salem, Utah 84653
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Tyson Brummett Pitching Camp - December 28th to December 30th.

3 days of instruction from Philadelphia Phillies hot Pitching prospect.

3 days of 1 hr sessions.

* Pro work out drills, Pitching mechanics adjustments, Live pitching sessions, Advice on bull pen sessions, Pitching philosophy discussion and Spring Training work out program. All

Participants will receive a signed Tyson Brummett baseball card. \$40.00 registration fee

9u & 10u - 9:00 a.m. to 10:00a.m

11u – 10:00 to 11:00

12u & 13u - 11:00 to 12:00p.m.

Pre register at Salem Parks & Rec. Space is limited.

Girls Softball Winter - Fastpitch clinic

Salem Girls Fast-pitch Clinic

Salem Parks & Recreation will join forces with Salem Hills High School coach Danielle Ryan and Skyhawk pitching staff for a two day pitching clinic. Focuses of the clinic will be fundamentals, techniques, practice drills and live pitching. The clinic is open to girls from any community in Utah Valley. If you want to be a pitcher or work to get better this is the place. Clinic dates are December 30 & 31st. Cost is \$25.00 which includes a camp T-shirt. Sign up today at Salem Parks & Recreation.

Women's Zumba

The best workout on the planet. Come join other women in our community in Zumba. Salem Recreation will continue to offer Zumba Class in the mornings, 3 times a week. 6:30 - 7:20 AM - Classes will be every Mon/Wed/Fri for 4 weeks at the **Salem Community Center**. **Zumba** classes incorporate a combination of the most interesting and latest forms of aerobic exercise which include: hip hop, step, pump, Latin, kickboxing, yoga & Pilates. Cost is \$30 per month. Payment should be made at Salem Parks & Recreation Office.

Youth basketball

Sign ups for the youth basketball season are now available on line. Early Registration will run through November 11th. After the 11th a \$5.00 increase will occur. Leagues are divided by gender, male & Female. Leagues will be divided the first week of December. Teams will practice one week night a week. Games will be played on Saturdays, starting January 8th. Grades and fees are: 3rd & 4th grade \$35.00, 5th & 6th grade \$35.00, 7th & 8th \$40.00 and 9th – 12th \$45.00

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Adult Winter Softball Tournament

Break out the bat and glove, find some friend and come celebrate the New Year in the snow. Yes, it is time for some snow softball, Saturday, January 1st. The party can move out to the snow covered diamond as you and your friends try to play the sport of summer in the conditions of winter. Team fee is \$150.00 and should be paid at the Salem Recreation office, 423-1035. Teams maybe made up of males, females and a mix of both. Sometimes you have to work to find 10 crazy people. Games will begin at 9:00 a.m. and play until tournament is complete. A player draw dog sled race will be part of the festivities as well as a snow ball throw. Team commitment deadline is December 28th. *This is a great family holiday event!*

Coaches Discount Policy - 10/15/08

Salem Parks & Recreation offers various youth sports programs. Each program is organized and maintained by recreation staff. Coaching for all youth sports is done by volunteer coaches. Coaches are selected from a pool of volunteers, including solicitations of parents of participants.

Volunteer coaches will receive a \$20 or \$30 dollar voucher at the conclusion of the sport coached. These vouchers can be used for future registrations. The amount of the voucher is dictated by the sport each volunteer coaches in. \$20 voucher will be issued for all programs with an early fee of \$25 or less. The \$30 will be issued for all programs will an early fee cost of \$26 or more.

The voucher system is by no means an avenue for payment or compensation of the coach's time. It is a simple thank you and acknowledgement of the coach's time and efforts. It is our belief that the majority of coaches volunteer to spend time with their child as well as the youth of our community.

Non Resident Fees

A \$5.00 non resident fee will be charged for all programs. Non residents are individuals that do no live inside Salem City Limits.

Web Site: Look for more information online at www.salemcity.org

Rain out and weather updates will be posted daily during baseball season.

Standings and League schedules will be updated and posted online.

Salem City Library –

Come visit our Library and see what we have added. More books, media materials and new computers. Weekly story time Mondays at 10:30 a.m.

Operating Hours:

Mondays	10:00 a.m. to 6:00 p.m.
Tues. Wed. & Thurs.	10:00 a.m. to 7:00 p.m.
Friday	2:00 p.m. to 5:00 p.m.
Saturday	10:00 a.m. to 2:00 p.m.