

Youth Travel League – Coaches Meeting Practice – Tuesday November 1st

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| Mt. Loafer Elm. 1025 South 250 West | West Side | East Side |
| 5:30 | Owlz | |
| 6:30 | Cougars | Jr. Skyhawks |
| 7:30 | Jazz | |

Philosophy of league: This league is a great place to learn and teach the game of basketball. Coaches should focus on teaching the game to their team. Officials will work to teach and explain calls that are new to players and teams. Traveling, double dribble and fouls will be called, no warnings. In games that are lopsided by score, officials will be expected to continue to call fouls. The clock will be controlled by score rules. Each team is encouraged to work to improve and not find issues with opposing teams.

Coaches or parents that become sportsmanship issues will be removed from participating. Your team fees are not payment for complaints and issues.

A. Take care of your parents.

1. Games will be played full court. (East to West)
2. Baskets will be set at 10 feet.
3. Four 8 minute quarters
4. Three time outs per half. One of which is a 30 second time out.
5. Defense must play man to man. ????
6. Double teams will be allowed with a two second limit. Double team must be result of a dribble by or rebound. Picks and switches are allowed on screens and fast breaks. **1st infraction will be a team warning, one warning per half. 2nd infraction will be a 1 shot technical and the ball.** No defensive traps allowed.
7. League focus is development. Please keep that in mind while managing the game. Crazy out of control parents are the responsibility of the coach. Please help them understand our focus.
8. Game clock will stop on shooting fouls. Clock will not stop if the lead is more than 20 points.
9. Player fouls will be tracked. Players will foul out with 5 fouls. 1and 1 bonus on 7th foul. Double bonus on 10th foul.

10. Full court press last 4 minutes of each half. Pressing team can press as long as their lead is 10 points or less. 11 point lead will limit that team from pressing.
11. Foul line will be 3 feet in front of regular line.
12. No cell phone for the scorekeeper.
13. Ball size is 28.5